









Self- Awareness

Self- Regulation

Self- Identity

Self- Location

Caring

Bear

Communication

Generosity

Respect

Reciprocity

Responsibility

Clever

Creative

Trickster

Imagination

Storyteller

Independence

Transition

Connection

Hardworking

Navigate

Interconnected

Resilient

Bear

Salmon

Wolf

Raven

**Which animal
do you relate
to today?**

**Which animal
do you aspire
to be today?**







