











# Self- Awareness

# Self- Regulation

# Self- Identity

# Self- Location



# Caring

Bear

# Communication

# Generosity

# Respect

# Reciprocity

# Responsibility



# Clever

# Creative

# Trickster

# Imagination

# Storyteller

# Independence



# Transition

# Connection

# Hardworking

# Navigate

# Interconnected

# Resilient



**Bear**

**Salmon**

Wolf

Raven

**Which animal  
do you relate  
to today?**

**Which animal  
do you aspire  
to be today?**









