

# **Aboriginal Nations DVD & Music CD Library**

## ***4 Medicines - the secrets of Native American balanced living (Music CD) - Arbor Records***

Tobacco, Sage, Sweetgrass and Cedar. For generations, the Native American people have relied upon these four medicines as integral ingredients in their physical, mental, emotional and spiritual well being. This CD is intended to be a complimentary element in an existence steeped in intentional balanced living. Let the ancient secrets of the Native American people guide you in your journey toward all-encompassing health.

## ***8<sup>th</sup> Fire/Feu (3 DVD's) - CBC Home Video- total time 172.min.approx.***

### **Aboriginal Peoples: Canada & the Way Forward/Les Autochtones et le Canada, le sentier de l'avenir. (English & French versions)**

*8<sup>th</sup> Fire* is a 4-part provocative, high energy journey through Aboriginal country showing why we urgently need to fix Canada's 500 year-old relationship with indigenous peoples. It's a relationship now mixed in colonialism, conflict and denial. With an energetic pace and stunning landscapes, *8<sup>th</sup> Fire* propels you past prejudice, stereotypes and misunderstanding, and introduces you to encounters with an impressive new generation of Aboriginal Canadians who are reclaiming their culture and their confidence. The title for the series draws from an Anishinaabe prophecy that declares now is the time for Aboriginal peoples and the settler community to come together and build the *8<sup>th</sup> Fire* of justice and harmony.

Aboriginal people are the fastest growing population in Canada. More than half now live in cities, those still struggling on reserves in Third World conditions are demanding a share of the vast mineral and energy resources in their midst. Hosted by dynamic journalist and musician Wab Kinew, from the Ojibways of Onigaming First Nation, this 4 hour HD series is an encounter with fascinating, complex people – as diverse as Canada itself. *8<sup>th</sup> Fire* offers the way forward to a second chance to get the relationship right.

## ***A Native American Odyssey – Inuit to Inca (Music CD) Putumayo World Music*** *12 songs from various nations.*

## ***Aboriginal Fiction (DVD) - Open School BC***

See 371.3:OPE for book "English 12 - Aboriginal Sources File.

## ***Aboriginality (PI) (DVD) – NFBC – 8 min 59 sec.***

Follow an urban youth as he heads down the mystical Red Road where the sweet grass grows, to reconnect and be inspired by new and traditional elements of First Nations culture. Directed by Dominique Keller, *Aboriginality* fuses animation by Dan Gies with live-action dance directed by Tom Jackson. We meet champion hoop dancer and hip-hop artist, a seventh generation member of the Alexander (Kipohtakaw) Plains Indian Cree nation. Arcand plays dual roles – as a positive First Nations presence in mainstream urban media and a touchstone to traditional roots and culture. Many believe the seventh generations will bring positive change to the world, and in *Aboriginality*, the power and spirit of culture sweep across time and space to empower the next generation.

## ***Adventures of StoryTeller 2 (DVD) – Coast Salish Journey***

Main Menu with Game Clues:

1. Story Teller Goes Caving
2. Story Teller Goes Food Fishing
3. All Day Duck Hunt
4. Deep Sea Diving

## ***Ahousaht Going? A portrait of the Ahousaht (DVD) – Sugarbear Productions 18 min.***

**All is Made Beautiful (DVD)** 65 min. - A Film by Bettina M. Gordon 65 min.

Native American Traditions with Warrior Woman Oh Shinnah Fat Wolf. Oh Shinnah Fast Wolf, the internationally renowned Warrior Woman and elder of the Apache People, demonstrates powerful yet easy-to-follow practices such as smudging, feathering, and food blessing.

**ALPHabiTUNES (CD-ROM)** - A.W.A.R.E Literacy Inc.

ALPHabiTUNES CD-ROM uses stories to teach: Phonemic awareness, phonological awareness, pure letter sounds and names, continuous letter tracing, blending sounds into words, juxtaposes letters and numbers. Target Users: emergent readers, beginning readers, ESL students, special needs,

**Ambassadors: Songs of Our Nations (Music CD)** Squamish Lilwat Cultural Centre  
Volume 1 - Legends and traditional songs.

**American Indian Voices (PI)** (audio cassette & DVD) - Johnny Moses - 72 min

Legends told by Johnny Moses in traditional storyteller fashion.

**American Indian, The** - (CD-ROM) A Multimedia Encyclopedia Version 2.0 for Windows and DOS

One thousand years of native North American history and culture, words and images, legends and leaders. Includes two new reference works, a new glossary and videos, up-to-date directory of resources. The most complete and comprehensive single source of information on the native peoples of North America, now expanded, improved and available for Windows.

**An Introduction to First Nations Culture & Traditions (DVD)**

McIntyre Media Grades 3-8 27 min. PDF Resource Guide included

Students are provided with a broad overview of First Nations life and culture.

**An Overview of Residential Schools in Canada (Elementary Version) (DVD)**

Grades 5-8: 15 minutes (2 copies)

McIntyre Media Inc.

**Ancient Sea Gardens (DVD)** – aquaCULTURE Pictures Inc.

Shot in High Definition in British Columbia's awe-inspiring Broughton Archipelago, this stirring story will change the way we view the land and its people. Dr. John Harper, a marine biologist, was flying over the region at the most extreme low tides of the year. He saw mysterious rock walls appear along hundreds of shorelines. When the scientific community could not identify these unique features, Dr. Harper's trail led him to Kwakwaka'wakw Chief Adam Dick for answers. Chief Dick is a traditional leader who grew up so immersed in the ways of his people that he was featured as a character in the classic novel *I Heard the Owl Call My Name*. It was on this journey of discovery that the scientist and the elder combined their vast schools of knowledge to solve a mystery and in the process reveal the fragile state of traditional aboriginal culture.

**Awakening of Elizabeth Shaw, The (DVD)** – Manly Media 1996

Residential Schools, 25 minutes

Based on Mrs. Shaw's original letter this DVD documents on white woman's response to the unfair and inhumane treatment of First Nations children in BC residential Schools.

**Beat of the Drum (DVD)** - First Nations Films

Four First Nations musicians (from BCTV).

Exciting features of four upbeat native musicians – the drum is the heartbeat of mother earth; to beat the drum is to match the heartbeat. As we sing our songs to the drum we “talk to the spirits”. From rock and roll to electronic to traditional music. An upbeat, fast-paced programme as four “high profile” Canadian First Nations musical performers and songwriters are profiled

***Beyond the Journey*** – (Music CD) Yekawid – Chief Frank Nelson

***Box of Treasures*** (DVD) - U'mista Cultural Centre - 28 min.

This DVD focuses on the Anti-Potlatch law of 1884-1951 and the return of the potlatch articles to the "U'mista Museum" in Alert Bay. In 1980 the U'mista Cultural Centre opened its doors to receive and house the cultural treasures which were seized decades earlier.

***British Columbia Digital Video Project - BC First Nations Studies 12 -***

***Teacher's Guide*** - CD-ROM - BC Ministry of Education

The BC FNS Digital Video Teacher Resource consists of Suggested lesson plans, student production notes, and pilot project reports in pdf and text files. A pdf version of a booklet created by one of the pilot sites is included. The digital videos produced by the pilot sites are included as a reference, as well as Quick Time clips, which demonstrate examples of selected filming techniques. The clips can be viewed within the pdf documents or selected from the Quick Time Clips folder. All of these materials are provided on the BC First Nations Studies 12 Digital Video Project CD-Rom. Note that the CD-Rom is primarily a storage vehicle rather than a fully interactive resource. The pdf files can adapt the lesson plans according to their needs, and so students can use a computer to complete the planning and assessment activities.

***Canada's Visual History*** (CD-ROM) - NFBC

The complete eighty-volume collection on CD-ROM. Explore unknown facets of Canadian history with the help of leading experts. Sample the fascinating collections of public and private archives from across the country. From pre-European contact to the recent past, Canada's Visual History quickly brings material together for a new view of the stories and people that make up the Canadian heritage. A must for students, teachers, writers and everyone interested in historical research.

***Canoe Way: the Sacred Journey*** (DVD) Cedar Media

This DVD documents the annual *Tribal Journeys* of the Pacific Coast Salish people. Indigenous tribes and First Nations from Oregon, Washington, Canada and Alaska follow their ancestral pathways through the waters of Puget Sound, Inside Passage and the Northwest Coast. Families and youth reconnect with the past and each other. Ancient songs, dances, regalia, ceremonies and language were almost lost and are coming back. Witness first hand, through the words and images of a proud people, as they share the story of the resurgence of the cedar canoe societies - and how it has opened a spiritual path of **healing through tradition**.

***Canyon War*** (DVD) 53 min.

The Canyon War sheds light on a shadowy chapter of Canadian history. Stories of villages in flames, bodies floating down river, and American militias killing looting as desperate First Nations try to hold back tens of thousands of rapacious gold seekers flooding into their land.

***Capturing Stories*** (DVD) READ Society/Shoreline Middle School

A DVD by Students of Shoreline Middle School (School District #61)

***Carved from the Heart-*** (DVD) New Day films – 45 min

Stan Marsden, a Tsimshian wood carver, loses his son to a cocaine overdose. Grieving, he decides to create a totem pole in his son's memory and invites the town of Craig, Alaska to help. Before he is done, the pole becomes a communal project, bringing people of diverse background and ages together. *Carved from the Heart* intertwines the process of carving and raising the Healing Heart Totem Pole with the participants' stories of personal loss, grief, substance abuse, suicide and violence. *Words from the Heart*, a companion video, shows how the story of one man converting personal tragedy into an affirmative force has prompted healing and encouraged action from Alaska to the South Pacific.

***Changes - the Turtles Teachings (PI)*** - (CD)

This story is about Kona, a young Metis child, who goes on a journey through the changing seasons and emotions. She is guided along the way by the Gathering Spirit who teaches her about accepting change and celebrating the richness of life's emotions. (See book P.I. 813.54 CON)

***Cheryl's Potlatch and The Fish Trap of Duncan Lake (PI) (CD-ROM) - SD #55 Burns Lake/Heritage Technologies***

Please note that there is a text book by Sheila Thompson with a CD-ROM in the Primary section of the library, and two copies of the CD-ROM in the CD file.

***Children's Drawings (CD-ROM) - Ethnographic Library on CD (English, German and Russian)***

Many indigenous peoples are seeking appropriate ways to transmit traditional culture to their children, while simultaneously preparing them for so-called "modern" life. Besides giving an overview on efforts in bicultural education in Siberia and the North Pacific rim, this multimedia CD contains a great variety of children's narratives, paintings and drawings. Their artwork reflects children's perspectives on traditional and contemporary life. Photographs and video-clips illustrate community activities and events, and the context from which their artwork arose. This edition complements the book of E. Kasten "kinder malen ihre Welt".

***Classroom Information on Aboriginal Topics: Tools for teachers/Apprentissage en classe sur les themes autochtones: outils a l'intention des enseignants (CD) Aboriginal Affairs and Northern Development Canada***

If you are a teacher looking for fun and exciting ideas to teach Aboriginal awareness in your classroom, this is the CD for you. "Classroom Information on Aboriginal topics: Tools for teachers" provides easy access to resources including the popular *Learning Circle* guides. *Through Mala's Eyes* and *Claire and her Grandfather*, as well as products to teacher and commemorate Aboriginal contributions to the War of 1812 and Canada's apology to former students of Indian Residential Schools. This CD includes lesson plans, activity books, colouring sheets, information sheets and more – a variety of resources for youth aged 4 through 16. **(ENGLISH & FRENCH)**

***Club Native – How thick is Your Blood? (DVD) National Film Board of Canada – 78 mins***

On the Mohawk reserve of Kahnawake located just outside the city of Montreal, Canada, there are two firm but unspoken rules drummed into every member of the community. Do not marry a white person and do not have a child with a white person. The potential consequences of ignoring these rules – loss of membership on the reserve for yourself and your child are clear, and for those who incur them, devastating. Break the rules and your also risk being perceived as having betrayed the Mohawk nation by diluting the "purity" of the bloodline. *Club Native* filmmaker Tracey Deer uses Kahnawake, her home town, as a lens to probe deeply into the history and contemporary reality of Aboriginal identity. Following the stories of four women, she reveals the exclusionary attitudes that divide the community and many others like it across Canada

***Come Sing Loved Ones, (Music CD) Laichwehtach Family Life Society (Music CD)***

***Community Traditions & Celebrations: Past and Present DVD***

McIntyre Media

***Creations Stories – CD – First Peoples of the NW Coast***

1. Octopus & Crow
2. Wisdom of the Elders
3. Skunk & Coyote
4. Skunk Medicine Song
5. Kwati the Indian Leprechaun
6. Bear & Ant
7. Grandmother Cedar Tree
8. Crow & Bear
9. The People Story.

***Crow-child (Music CD) - Lakusta, Dennis***

Songs by Dennis Lakusta, a Metis man of Cree, French, Blackfoot, Mexican and Ukrainian ancestry.

***Cry Rock – a short documentary DVD***

Moving Images Distribution – 29 min. English with French Subtitles and closed Captioned  
Examines how Nuxalk stories are more than mere words. With the passing of an elder, an invaluable link to a treasure of knowledge and experience reflecting the Nuxalk world view is lost. As Hanuse struggles with the decision, a spine tingling story about the Cry Rock in the bend of the Atnarko River, nestled in the Bella Coola Valley, is retold by Clyde Tallio, a young Nuxalk man.

***Dance Me Outside*** (DVD) Shadow Shows - Secondary Level

Two average 18 year olds who live on a reservation in Northern Ontario. They hope to get into a Toronto mechanic's school, but must write a story for their entrance exam first. The whole community is then shocked when one of their friends is killed by a drunken driver. When he gets out of jail, they plan revenge.

***Dances of the Metis, The/Li Dawns di Michif Legends:*** - Metis Resource Centre 24 min 25 sec.

"*The Dances of the Metis*" is an effort on behalf of The Metis Resource centre Inc. to ensure the cultural preservation and restoration of the unique oral tradition Metis style fiddle music and dance. Dancers and musicians are in 1890-1920 traditional Metis dress. Showcased on this video are "The Reel of Eighth" "Seven Step" "Drops of Brandy" "Square Dance with Caller" "Duck Dance" "Waltz Quadrille" and "Red River Jig"

***Discovering Canada: Our Early Explorers*** DVD Grades 4-7

McIntyre Media 26 min. PDF Teacher's Guide included on disk

Early explorers and navigators expanded the influence of their empires as they ventured across oceans and borders in search of territories to colonize. This program brings to life many of Canada's earliest explorers.

***Dreamcatchers*** (CD-ROM) - Royal Bank, Scotiabank, CIBC, TD Bank, HSBC and Bank of Montreal

Careers in banking and financial services.

***Dreamkeeper*** (DVD) - National Film Board of Canada - 2hrs. 53 min

A century-old storyteller and his grandson, a troubled 17-year old boy, embark on a cross-country journey toward self-discovery. Like Old Pete's wise tales themselves, *Dreamkeeper*, Is Important and Illuminating storytelling for the entire family.

Note: Teachers should preview this video

***Edge of the World, The*** (DVD) Red Storm Productions 50 min. (3 copies)

Explore the people, places and events that shaped British Columbia's early history from pre-European contact until the dawn of the 20<sup>th</sup> century. *The Edge of the World: B.C's Early Years* brings to life 20 fascinating stories from our own wild west – tales of the salmon people, death-defying voyageurs, desperate gold-seekers, Chinese railway workers, and heroic women of the frontier. Firmly rooted in the personal stories of people who were there, this is a side of our history we rarely see – from early First Nations communities, to the frontier life of new arrivals. It was a time of political intrigue, epidemics and tragedy, but also of fascinating characters, great adventures and epic rescue missions. These are the stories that shaped our past and offer a reflection of who we are today.

***Ethnobotany*** (CD-ROM) -Patti Chipps

A CD-ROM about the flora of southern Vancouver Island.

See book in General Selection 581.6:CHI

***Eyes of Our Children*** - Qqs Projects Society - 27 min.

The Heiltsuk people have lived on our traditional lands since time began. The 35,735 square kilometres of Heiltsuk territory includes a major portion of British Columbia's central coast, an area also known as the Great Bear Rainforest. But our way of life is threatened, more now than ever before. Large Corporations are extracting resources at unprecedented rates, leaving a land and seas that will be incapable of sustaining our people. Our present generation of Heiltsuk youth will need incredible strength, knowledge and passion if they are to protect our way of life, which is tied so intimately to the land and sea that sustains us.

The Koeys' role in this story is told through the eyes of our children - from the Culture/Science camps held in the valley, to the purchase of the Koeys Lodge for the benefit of our people. These

initiatives mark an important step in the process of reclaiming and protecting what is Heiltsuk. They contribute to the strength that will help out youth shape the future.

**Fallen Feather, The (DVD)** - *Fallen Feather Productions* - 93 min (2 copies)  
Indian Industrial residential Schools Canadian Federation.

**Fallen Hero: The Tommy Prince Story (DVD)** - 47 min (2 copies)  
*Filmwest Associates*

Tommy Prince was a man of incredible drive and ambition. He is well known across Canada, both for his unprecedented accomplishments and as a metaphor for the hypocrisy and prejudices of our country, Canada. His story, from the poverty of his isolated reserve, through becoming a war hero, to the minefield of being an Indian in Canada is a journey of epic proportions.

**Feasting for Change (1 CD & 1 DVD)** *Aboriginal Services VIHA*

*Feasting for Change* is a group of people working hard to look at food issues in Aboriginal Communities on Vancouver Island. We hope to inspire you and your community to come together to Feast!

Our visions rooted in prayer, song, gratitude, spirit and the life energy that we hold high to ensure that we will have a healthy home to live on. This guides us in the dreams we have for this project and shapes its potential. Promotion of culture and preservation of Mother Earth in giving thanks to the land, the animals, the sea and allowing all people to reconnect to their cultural heritage by exercising their inherent right to hunt, fish, grow and harvest as our ancestors taught us. Modeling First Nations Stewardship, as our ancestors are, to ensure an abundance of sustainable resources and healthy traditional foods which will continue to nourish our bodies and revitalize the spirits of our families and ourselves.

**First Nations Cedar Hat Weaving (DVD)** - *First Nations Films* - 30 min.

Cedar Hat Weaving - The video explores the story of Cedarman and outlines the step-by-step process of cedar hat weaving. It looks as well at the process of cedar bark pulling and discusses the art and philosophy of these traditional practices.

**Forgotten Warriors (DVD)** - *NFBC* - 51 min 15 sec (3 copies)

Although they could not be conscripted when World War 1 was declared, thousands of Canadian Aboriginal men and women enlisted and fought alongside their non-Native countrymen. While they fought for freedom for others, ironically the Aboriginal soldiers were not allowed equality in their own country. As a reward for fighting, the Canadian Soldier Veteran's Act allowed returning soldiers to buy land at a cheap price. However, many of the Aboriginal soldiers were never offered nor told about the land entitlement. Some returned home to find the government had seized parts of their own reserve land to compensate non-Native war veterans. Whole First Nations communities still mourn the loss of thousands of acres of prime land they were forced to surrender. With narrator, Gordon Tootoosis providing an historical overview, Aboriginal veterans poignantly share their unforgettable war memories and their healing process. We join them as they travel back to Europe to perform a sacred circle for friends left behind, but not forgotten, in foreign grave sites.

**Full Circle: First Nations, Metis, Inuit Ways of Knowing - A Common Threads Resource** DVD

Ontario Secondary School Teachers' Federation 28 min.

200+ pages of resource material including: teaching materials, integrated DVD and CD, lesson plans, evaluation rubrics

**Gathering of Shamen - Native Flute Ensemble** (audio cassette)

A musical journey, featuring the Native American flute, that reflects three "power sites", where shamen or medicine men regularly gather - The Black Hills of South Dakota, Canyon de Chelly in Arizona and Atitlan in Guatemala. Compositions also feature Native American percussion and some synthesizer.

**George Manuel -prophet and leader** (2 CD set)

Grand Chief George Manuel, a Secwepemc born international political leader and prophet of the 19th century, shares through these recordings of his speeches, his philosophies passed down to him through the forefathers of the First Nations people.

**Hank Williams First Nation** (DVD) - Peace Country Films

"Hilarious and heartbreaking" (Liz Braun, Toronto Sun) *Hank Williams First Nation* encompasses life in a small reserve community and the experiences of those who venture beyond. Seventy-five-year-old Martin Fox (Jimmy Herman) decides suddenly that he must visit the grave of his long time hero Hank Williams before he dies. With the support of his brother, Adelard Fox (Gordon Tootootis), Martin sets out for Tennessee on a Greyhound, accompanied by his 17-year-old nephew, Jacob (Colin VanLoon). As the two travelers gain human-interest-story-of-the-week status in the U.S., the news trickling back home sparks a sense of camaraderie and pride within their community and the variety of colourful characters who make it their home.

**Healing Circle, The (Volumes I & II)** (audio cassettes) - David Campbell

The songs form a progression along the journey of healing starting with the negative feelings of shame and repression on to the positive experiences of "Gotta Tell someone" and finally to the exaltation of the "The Creator Slings".

**Home Fire – Ending the Cycle of Family Violence**

Native Counselling Services of Alberta

37 min (DVD) Explores family violence and restorative justice from an Aboriginal perspective.

**How a People Live** – Moving Images Distribution - Teacher's Guide included

59 min DVD

This film traces the history of the Gwa'sala-'Nakwaxda'xw Nations who the Canadian Government forcibly relocated from their traditional territories in BC in 1964.

**How the Fiddle Flows**

From the Gaspé Peninsula, north to Hudson Bay and to the Prairies, *How the Fiddle Flows* reveals how a distinctive Métis identity and culture were shaped over time. Featuring soaring performances by some of Canada's best known fiddlers and step dancers and narrated by award-winning actor Tantoo Cardinal.

**'Iiyus Siye 'yi - Happy Friends** (Music CD)

Songs from the Cowichan Valley, Hul'q'uminum language and the S-ul'hween elders.

**In Search of the Hamat'sa – (CD) -First Nations Films – 33 min**

The Hamat'sa (or "Cannibal Dance") is the most important-and highly represented-ceremony of the Kwakwaka'waka (Kwakiutl) people of British Columbia. This film traces the history of anthropological depictions of the dance and, through the return of archival materials to a First Nations community, presents some of the ways in which diverse attitudes toward this history inform current performances of the Hamat'sa. With a secondary focus on the filmmaker's fieldwork experience, the film also attends specifically to the ethics of ethnographic representation and to the renegotiation of relationships between anthropologists and their research partners.

**In the Land of the Head Hunters** (DVD) – Milestone Entertainment – 43 min.

**In the Land of the War Canoes** (DVD) – Milestone Entertainment – 43 min.

Best known as one of the premier photographers of the 20<sup>th</sup> century, Edward S. Curtis devoted his life to documenting the disappearing world of the American Indian. In this film, originally entitled *In the Land of the Headhunters*, Curtis retold a tribal story of love and revenge among the Kwakiutl Indians of Vancouver Island. Curtis spent three years with the Kwakiutl to meticulously recreate their way of life before the white man came. In addition to the magnificent painted war canoes of the title, the film features wonderful native costumes, dancing and rituals - including a powerful scene of vision quest. In 1972, the only surviving print of this film was carefully restored and an original score of music and chants was recorded by the Kwakiutl themselves. Although some of the

material suffers from nitrate damage due to its age, *In the Land of the War Canoes* still presents a magnificent image of a lost world.

***In the Spirit of Our Ancestors*** – (Music CD) Yekawid – Chief Frank Nelson

Frank Nelson, Kwakwaka'wakw artist, was born at Gilford Island, B.C in 1945. He is a member of the Musgamagw Tsawataineuk Tribe of Kingcome Inlet and is an accomplished jeweller, carver and print maker. In 1983, Chief Nelson held his first potlatch and assumed his father's name "Yekawid". Yekawid takes great pride in the role he plays amongst his people. He has been a dancer and is an inspired composer and one of the lead singers in Kwakwaka'wakw potlatches. Yekawid has been instrumental in organizing 'Tribal Journeys', a gathering of canoe nations. Yekawid will continue his work to ensure that Twsawawataineuk people will, once again, become the proprietors of their own songs, dances and above all, their own art. To this end, Yekawid will continue to "echo that spirit that was left to us by our forefathers".

***Indigenous Plant Diva (DVD)*** – NFBC – 9 min. 10 sec

In the language of the Squamish Nation, cease Wyss was given the name 'TUy'Tanat', meaning « Woman who travels by canoe to gather medicines for all people.» In director Kamala Todd's lyrical portrait, Wyss reveals the remarkable healing powers of plants growing among the sprawling urban streets of downtown Vancouver. Whether it's the secret curl of a fiddlehead, the gentleness of comfrey, or the blood red streaks of Frog leaf, plants carry with them millennia of wisdom, communicated through colour, texture and form. Cease Wyss has been listening to this unspoken language, and is now passing this ancient and intimate sense of connection to her own daughter, Senaqwila.

***Inuit Songs & Stories, Learn How to Throat Sing*** (music CD) Muchael Kusugak

***Iroquois Social Dance Songs, No. 1 & No. 2*** (music CD)

***I'Tusto - To Rise Again (DVD)*** - Nimpkish Wind Production/ Barb Cramer 54 min.

For our people, certain events happen that are forever embedded in our memory, in the early hours of August 29, 1997, the Kwakwaka'wakw Nation was rocked to the core as our ceremonial Bighouse became engulfed in the flames of an arsonist's fire. The Bighouse stands at the centre of our history, where our traditional ceremonies make us a distinctive people of the Northwest Coast.

***I'Tusto - To Rise Again*** shares the Bighouse.

Filmed on location in Alert Bay, British Columbia, this documentary shares the cultural strength of the Kwakwaka'wakw people, taking us on a journey from the origins of our people, through the potlatch prohibition, to the present day.

***Journeyman*** (Music CD) - Dennis Lakusta

Songs

***Kanehsatake 270 Years of Resistance*** (English & French)

National Film Board 2008 - Set of Four Films and Book Resource

1. Kanehsatake 270 Years of Resistance
2. My Name is Kahentiiosta
3. Spudwrench Kahnawake Man
4. Rocks at Whiskey Trench

***Keepers of the Animals (PI)*** - Joseph Bruchac - 2 audio cassettes - 107 min

This is a two tape set of traditional stories with 24 Native American tales included - i.e. How The Butterflies Came To Be. (Book in library 398.2:CAD)

***Keepers of the Earth (PI)*** - Joseph Bruchac - 2 audio cassettes - 133 min

A collection of twenty-five Native American legends read by Joseph Bruchac, this set contains the unabridged stories from the highly acclaimed book, *Keepers of the Earth*, which Bruchac co-authored with Michael J. Caduto. The legends center upon one of the most important considerations in human experience, the relationship between man and his environment. Performing stories drawn from the native cultures of North America - from the Inuit in the far north to the Creek in the southeast, from the Abenaki in the northeast to the Hopi in the southwest - Bruchac celebrates the human spirit as he connects the listener with nature. (Book in library 398:2CAD)

***Keepers of the Fire (DVD)*** - NFBC - 54 min. 50 sec.

According to an aboriginal proverb, no people is broken until the hearts of its women are on the ground. In ***Keepers of the Fire***, aboriginal women let their hearts speak. Mohawk and Haida, Maliseet and Ojibwe, these are the voices of "warrior women" - those who have been on the front lines or some of the most important struggles aboriginal people in Canada have faced in the latter part of the 20th century. Storytellers, dreamers, healers and fighters, are just some of the women who are keeping the fires of hope and determination burning in aboriginal communities right across this land. With dignity and courage, these women speak their truth. (Book in library 398.2:CAD)

***Kuper Island - Return to the Healing Circle (DVD)*** - Gumboot Productions - 44 min.

They called it Alcatraz. It was the Kuper Island Residential School, and it stood on a remote island off the coast of British Columbia. For almost a century, hundreds of Coast Salish children were sent to Kuper Island. Some died trying to escape on logs, across the water. Many more died later, trying to escape their memories. Now, twenty years after the school closed, the survivors are embarking on a remarkable spiritual journey. For them, the healing time has come.

***Kwakwaka'waka Symphony of Dance*** (Music CD) - U'Mista Cultural Centre

***Land of the Inuit - (CD-ROM)*** - Ingenuity Works Inc. & the Museum of Civilization

Fascinating information about Inuit history and culture is found in an extensive multimedia encyclopedia, with original photos, pictures and drawings. Navigate the encyclopedia alphabetically or by subject, and bookmark favourite areas! All text can be printed.

***Laxwe'gila - Gaining Strength*** (Music CD)

You are invited to the traditional land of the 'Namgis'. The Laxwe'gila Canoe Gathering will empower, inspire and instill traditional teachings. For the first time in over a hundred years we will travel by canoe and affirm our presence in our traditional territory. Our ancestors will be happy. Enjoy the songs of the 'Namgis and may it instill you with the spirit pride of our rich culture.

***Laxwesa Wa - Strength of the River*** - (DVD) - NFBC - 54 min. (2 copies)

In this video, Filmmaker Barb Cranmer, a member of the 'Namgis First Nation, explores the rich fishing traditions of the Sto:lo, Heiltsuk and 'Namgis Peoples of Canada's West Coast. With over fifteen years' experience fishing Johnstone Strait with her father, Cranmer presents rarely heard stories of traditional fishing practices and documents native peoples' efforts to build a sustainable fishery for the future.

***Learning Kwak'wala Series*** - (audio cassettes) U.B.C. Crane Memorial Library

Audio tapes of language instruction for Books 3, 4, 5, 6 and 7.

***Legends*** (Music CD) - Gilhast Singers from the House of Haxbegwootxw of the Fire Weed Clan  
Songs of a living tradition.

***Legends of the Gwich'in of the Western Arctic*** (2 CD's) - CBC

On separate CD's, Gwich'in and English versions of five Gwich'in legends from the Mackenzie and Peel River areas.

### ***Legends of the Kwakwaka'wakw - vol. 10 (2 CD's) CBC Audio***

Five stories that were collected in Alert Bay. The English and Kwakwala versions are on separate discs.

### ***Life on the Reserve (CD) – First Nations Films - 42 min***

*Life on the Reserve* highlights the significant challenges that people living on reserves have to deal with, as well as the hope they have for their community, told by the residents themselves. Graham Shonfield, the 19-year old documentary film maker, had volunteered for development work in Africa, but nothing prepared him for the impoverished conditions that he experienced first had in Northern Ontario at Gull Bay First Nations reserve. The aim of this documentary is to introduce you to what living on a reserve is really like. Although Gull Bay is only one reserve in this great country, it has similarities to them all.

### ***Living in Two Worlds (DVD) – First Nations Films – 23 min***

This is perhaps one of the best documentaries available on how native people see themselves – their past, present and future. Young native people explore the meaning of being native in a modern world while traditional elders highlight the past and the meaning of being managers of the land. This very moving and likeable film is a must see for all who want to catch a candid glimpse of native people as they really see themselves and as they struggle to maintain their identity as they live in two worlds – the old and new.

### ***Loon and Raven Tales (PI) - Traditional Legends of the Northwest - (audio cassette) – Anne Cameron***

When Anne Cameron was growing up, she was befriended by Klopinum, a Native elder in her Vancouver Island town. Klopinum entertained Anne with her people's stories of the way things were when the world was young. Anne was so fascinated that Klopinum requested her to pass the stories on to the children of her time, when she grew up. Cameron's retellings of these legends have delighted young and old alike in her books and now on audio cassette. Anne Cameron is one of BC's best-loved writers.

### ***Making of a Haida Totem Pole, The (Documentary by Kelvin Redvers) DVD 30 minutes***

Explores the breathtaking creation of poles, from log to installation, and looks at the relationship between a carver and his son along the way.

### ***Making of a Roy H. Vickers Print, The DVD***

This DVD gives an over-the-shoulder view of how Roy Vickers creates his magic.

### ***Making Sense of Adolescence – 4 DVDs of 8 lessons + 3 booklets) – Gordon Neufeld Ph.D***

Crossing the bridge from childhood to adulthood has never been so daunting. The time of adolescence is longer than ever and yet society offers little support in understanding or facilitating this transition. What is Nature's purpose? What is the developmental design? What is meant to happen? This course is designed to be used by parents, grandparents, teachers, administrators, professionals – anyone who desires to make sense of adolescence. Dr. Neufeld helps shed light into this often dark and confusing time. He gives both the tools and the eyes to see an adolescent through the journey, and articulates why now more than ever adolescents need our help to cross that bridge.

The course is formatted into eight one-hour sessions on the following topics:

1. Crossing the bridge: adolescence in perspective
2. Two paths diverge: *conformity versus individuality*
3. Walking through aloneness and sadness: *the necessary road to individuation*
4. Taking the wrong turn: *when peers replace adults*
5. The counter will storm: *how to survive teen resistance*
6. Becoming tempered: *the key to adolescent balance and stability*
7. Reclaiming our youth: *how to hold, or win back, their hearts*
8. Becoming a sexual being: *the pursuit of proximity in another dimension*

***Maq and the Spirit of the Woods (PI) – (DVD) – NFBC 8 min 29 sec.***

*Maq and the Spirit of the Woods* is the story of Maq, a young Mi'gmaq boy who learns a valuable lesson through the help of inconspicuous mentors. When an elder in his community offers him a small piece of pipestone, Maq decides to carve a little person out of it. With hopes of impressing his grandfather with his creation.. Maq journeys through the woods to find him. Along his path he meets a curious traveler named Mi'gmwesu, and together they share stories, medicine, laughter, skill and some knowledge and spirit he's found through his carving. It is only when Maq joins his grandfather that he understands who Mi'gmwesu really is.

In English and French for ages 5-9 years.

***Masks - Faces of the Pacific (CD-ROM) National Film Board of Canada***

*Masks: Faces of the Pacific* invites you to explore the world of masking and what it means to the people of five cultures on the Pacific Rim.

***Medicine Wheel, The (DVD) - First Nations Films - 25 min***

A secret look at native spirituality! An emotional story of First Nations spirituality told in the first person by a Cree woman from Manitoba. Visually moving segments highlight the Sweat Lodge and Pipe Ceremonies as she explores the timelessness and the meaning of the Wheel that may be the centre of native spirituality. The program was aired on the WIC Network and BCTV. A must-see for all audiences.

***Medicine Wheel, The – Lessons of the Elders (2 DVD's) - Ethos Ltd. 23 min.***

The world into which Native people have been brought since the arrival of the Europeans is a wider world than their ancestors knew. It involves many lands and many people – yellow, black, red and white. *The Medicine Wheel* represents wholeness and within the Medicine Wheel, or Circle of Life, are the Four Sacred Colours and the Four Cardinal Directions. Native spiritual life is founded on the belief that the circle is the perfect form – the power of the earth always works in circles. The Four Quarters of the Medicine Wheel – The Four Directions represent the spiritual, emotional and physical aspects of life – they are all connected. Each creature has its proper place in the 'Wheel and all of them belong together in the one body of the Wheel. The circle makes them one and the oneness makes the Sacred Hoop. Humans are the only creatures to have a place in each of the Four Quarters; some belonging to one and some to another. Grades 6 – 10.

***Men's Grass Dance Songs (Music CD) – Arbor Records***

Fifteen grass dance songs.

***Metis Communities series (DVD) Gabriel Dumont Institute – 100 min***

**1. Story of the Crescent Lake Metis: Our Life on the Road Allowance**

This documentary tells the story of the Crescent Lake road allowance community from the perspective of its Elders. This is a remarkable story about Metis land dispossession, relocation and survival.

**2. The Land Gives Us Our Knowledge**

For over 230 years, Ile-a-la-Croix, Saskatchewan has been a vibrant community with strong ties to the land and the fur trade. Elders stress their respect for the land, and share with us their knowledge, stories, history and their community culture.

***Metis of British Columbia, The (2 DVD's) Centre for Social, Spatial, & Economic Justice – UBC Okanagan (2 copies)***

**Disc 1: Culture, History and Hunting**

**Culture:** Story of Capote, Bannock. Beading, Story of the Flag, Story of the Sash, Wall Tents.

**Hunting Menu:** Deer Hunting, Grouse Fan, Elk Hide Processing, Pemmican, Rabbit Snares, Plant Harvesting,

**History Menu:** Language, The word "Metis", Metis Social Organization, Metis in B.C.

**Disc 2 Music & Dance**

**N.B.** The 2-disc version has all of the above titles. There is a separate DVD that has **Music & Dance** only.

**Metis in Canada** (DVD) – McIntyre Media

11 min Closed Captioned 2016

Provides the viewer with a compelling overview of the history, culture and heritage of the Metis people.

**Metis Women's Traditional Arts series** (DVD) – Gabriel Dumont Institute

190 min

Showcasing and celebrating the artistic talents of Metis women, the Gabriel Dumont Institute produced *The Metis Women's Traditional Arts Series*. This DVD contains four-video series, which provides in-depth instructions and direction in the production of various forms of Metis cultural expression.

**1. Metis Hooked Rugs**

Featuring Margaret Harrison and her mother, Adeline Pelletier *dite* Racette, provides the viewer with step-by-step instructions on how to make a hooked rug. They also share their stories about living on a road allowance in the Qu'Appelle Valley in southern Saskatchewan.

**2. Silk Embroidery**

With instruction from Margaret Harrison, viewers have the opportunity to learn basic embroidery stitches, and receive direction in working with patterns, designs, needles and fabrics. Margaret also shares her experiences and thoughts on the importance of preserving and promoting this traditional Metis art form.

**3. Fingerweaving**

Combining Aboriginal finger weaving techniques with European materials, the sash remains an integral and highly symbolic aspect of Metis identity. In this video, Penny Condon provides finger weaving lessons to grade seven and eight students from St. Frances School in Saskatoon, Saskatchewan.

**4. Beadwork**

This documentary discusses the Metis beading tradition of Cumberland House, Saskatchewan. It centres on Isabelle Impey and her efforts to preserve Metis beadwork. It also provides instructions on how to bead and make moccasins.

**Mi'kmaq Chants**, Denny Family (Music CD)

**Momentum Smudge** (DVD) - National Film Board of Canada - 12 min. 12 sec.

Christians have cathedrals, Muslims their mosques. For Native Canadians used to praying in natural settings, all the world is a sacred space. In Aboriginal spirituality, the use of drumming, singing and smoldering sweet grass can draw unwanted attention in the city. *Smudge* witnesses how a small group of Aboriginal women celebrate their rights to worship in the city, their way. *Smudge* witnesses how a small group of Aboriginal women celebrate their rights to worship in the city, their way.

**Mother Earth** (2 DVD's ) Ethos Ltd - 20 min Grades 6-10

The life of the people the Europeans found inhabiting this continent was rooted in the Earth. They lived in daily contact with the Earth's creatures and most of their life was spent under the sky. The hills and mountains were special places; sacred places where they went to receive their vocations or anew their assurance and strength. To the Native person the whole earth was one community of spirit, to be treated with respect and reverence. Even so-called inanimate things such as rocks, share that living community. To Native people animals were their brothers – creatures of the same spirit. Even though they had to kill them at times, they did so only after their permission, with respect and restraining. So close is the kinship of all things to the Native mind, that to destroy or despoil any part of the universe is to strike a blow at one's self – the Earth is one body and when one member suffers, all the others suffer with it.

**Muffins for Granny** (DVD) - Mongrel Media – 80 min. (3 copies)

The sad history of the Canadian government's residential school program has had a profound effect on First Nations peoples across the country. For filmmaker Nadia McLaren, it's a personal history as well; her Ojibway grandmother was forced into a residential school and its repercussions have echoed through her family. Looking to understand her loving, but troubled, grandmother.

McLaren interviews seven First Nations elders about their experiences in residential schools. Mixing stark animated moments with human faces and home movie footage. *Muffins for Granny* is a raw and honest documentary about a difficult chapter in Canadian history – a chapter that, for some, is not over.

***Muin and the Seven Bird Hunters (DVD) (PI) Mi'kmaw Elders et al***

This story is related in Mi'kmaw and English, English, French. and is the Mi'kmaw legend of the North Star. (Copy 2 is in the Astronomy kit)

***My Big FAT DIET (DVD) – Mystique Films***

Supersize Me meets Northern Exposure in *My Big Fat Diet*, a documentary about how the Namgis First Nation of Alert Bay takes up a dietary challenge and returns to a traditional style of eating for a year. The rules were simple: eat lots of protein, fat and vegetables, give up sugar, junk food and starch. Obesity and diabetes are now worldwide epidemics, but the rates are especially high in aboriginal populations. Mainstream experts say it's the result of sedentary lifestyles and a diet rich in fat. Metis physician, Dr. Jay Wortman, says not. We follow the stories of six people who forgo sugar and junk food for a year, as Dr. Jay tries to prove his controversial theory that carbohydrates, not fat, are feeding the diabetes obesity epidemic. Funny, heartfelt and thought-provoking, this account of a small town's battle of the bulge raises questions about everything we ever thought was true about diet. Directed by Mary Bissell, *My Big Fat Diet* documents a medical and cultural experiment, the first of its kind in North America

***My Moccasins (PI) (French Music CD) - Nadine Gagne***

Aboriginal children's songs by Nadine Gagne featuring children of the Rainbow Drum Group.

***Native Art of Canada (DVD) - Daval Productions - 22 min approx.***

Enjoy the beautiful and vibrant images of Canadian Native art. This unique style of art is brought to life in this beautifully shot video. View traditional masks and carvings, each one unique and individual. See the contemporary style of Native art, represented in beautiful paintings and stunning jewelry carved in gold, silver and sparkling diamonds. Art that has come to represent a nation in the eyes of visitors from around the world.

***Native Legends (PI) (DVD) - NFBC - 22 min., 06 sec. (3 copies)***

***The Owl Who Married a Goose*** - An Inuit tale for young and old - about a goose who captures the fancy of an owl. (7 min: 38 sec)

***Summer Legend*** - An animated version of the Micmac legend which describes the cycle of the seasons. (8 min.19sec)

***The Owl and the Raven*** - This Inuit legend tells the charming story of how the raven became black. (6min: 39 sec)

***Native Young! (DVD) - First Nations Films – 28 min***

Voices of our youth! – 2012. Raunchy and upbeat and reaching a youth audience – told through the eyes of a native Punk Rock Band and exploring the lingering and damaging effects that residential schools still have on generations of First Nation communities, challenging difficult and confusing Canadian political views and highlighting challenges faced by many native people in Canada. The band's experience of growing up, working and living on reserve is featured while the band's music – unapologetic and ferocious – provides a dramatic musical landscape for the film. This film is the first in a series that will provide First Nations youth an unfiltered lens to share their stories.

***New Canoe, The, episode #806: Nelson Family Potlatch - (DVD) - Arrow Productions***  
Nelson Family Potlatch that took place in 2009 in

***Nisga'a Dancing in Both Worlds – (DVD) – Kinetic Video – 43 min.***

Since time immemorial, in North West British Columbia, K'alii-Aksim Lisims – the great River Nass and surrounding mountains have been home to the Nisga'a people. Though sustained by the natural richness of their homeland, theirs is a history of survival. In the 18<sup>th</sup> Century, a devastating volcano erupted killing thousands of people as it spread molten lava down the valley.

Explorers, missionaries and government representatives both from Victoria and Ottawa invaded their lands bringing with them white man's diseases and alien ways, including the tragedy of the Residential Schools. For 13 years, Chiefs and leaders contrived to gain acknowledgement of possession and control of their rightful territories, culminating in 2001 when the Calder Case led by lawyer Tom Berger finally found success at the Supreme Court of Canada. Legal right to their ancestral territories led to the Final Agreement establishing conditions of self-government.

***Northwest Native Basketweavers (DVD) Mimbres Fever- 55 min***

Mary Lou Slaughter (Duwamish), Nettie Jackson, Pat Courtney Gold, Bud Lane (Siletz) and Helen Jim talk about basketweaving.

***Nugwa'am - All About Me (CD-ROM)***

This CD-ROM was produced for the Kwak-wala-speaking community by U'Mista Cultural Society in Alert Bay, B.C. Funding was provided by Canadian Heritage through the Museums Assistance Programme. Nugwa'am is dedicated to the memory of Agnes Cranmer and Margaret Cook, as well as the other many elders and volunteers committed to preserving our language and culture. Both women were invaluable resources for the ***Learning Kwak'wala Series*** of language books. Nugwa'am is based on material from the first four books.

***Nuheyllum – Naming Ceremony (DVD)***

Language Revitalization in Vancouver Island Salish Communities: a Multimedia Approach  
Hul'q'umi'num' Version with subtitles

***Nunavut Territory, Canada (CD-ROM) - Central Arctic Services Ltd***

(A) Peopling the Arctic (B) Nunavut Interactive Maps (C) Yesterday and Today (D) Arctic Wildlife (E) An Assortment of Arctic Subjects (F) The Inuktitut Language and Directory of Nunavut Schools (G) Photogallery (H) Video Clips (I) Bibliography

***Nursing - the Difference is You! - (DVD) - UVic Nursing - 10 min 27 sec***

There is a growing awareness of the need for Aboriginal nurses in Canada. Nursing is a career that can adapt to many lifestyles and offers tremendous opportunities for continued learning and career advancement. Aboriginal nurses have the chance to directly influence the health of the Aboriginal people in their communities and in other health care settings such as hospitals. Nursing incorporates the traditional beliefs and values of caring for community members and healing.

***Nuu-chah-nulth Language - (2 DVD's x 2 CD's) - Butterfly FX Video Production 2006/07  
DVD #1 & CD #1 DVD #2 & CD #2***

DVD #1 Contains language lessons, the phonetic Nuu-chah-nulth Alphabet, counting, colours, weather, a prayer and *haa huupa* (teachings) from Elder Edward (Tat) Tatoosh. Each chapter has an interactive component to test your new language skills. Each time you watch the DVD you can test your skills after each lesson is done and then go on to the next chapter.

CD #1 contains audio of the same teachings from the DVD plus an interview with Lena Ross and a counting song.

DVD #2 contains Language lesson, animals, greetings, weather, body parts, family and *haa huupa* (teachings) from Elder Edward (Tat) Tatoosh.

CD #2 contains audio of the same teachings from DVD #2 plus an *Animal Song, Old MacDonald, How Are You Song* and the *Finger Song*.

***Octopus Lady and Crow and Other Animal People Stories of the Northwest Coast (PI) (audio cassette) - Johnny Moses - 60 min.***

Contents: Octopus Lady and Crow, Bear and Ant, The Swan Story, The Berry People, The People Story, The Basket Ogress, The Ticklish Bear, Bear and Crow and The Dreamtime Story.

***On the Line – DVD – Gravywolf Films/Frank Wolf – 68 min.***

The Northern Gateway Pipeline Project is a proposal by Calgary's Enbridge Corporation to construct a 1,170 km. oil pipeline from Bruderheim, Alberta to Kitimat, B.C. The pipeline would cross 773

watercourses and bring supertankers to B.C.'s pristine north coast for the first time ever in order to deliver tar sands bitumen to Asian markets. In the summer of 2010, filmmaker Frank Wolf and his friend Todd McGowan biked, hiked, rafted and Kayajked the GPS track of the pipeline in order to uncover the truth about the proposal. Through the voices of people they meet along the way, their rough and tumble journey reveals the severe risks and consequences associated with this 5.5 billion dollar mega-project.

**One Moon** (Music CD) Augie Thomas & Esquimalt Dancers & Singers, Esquimalt Nation

**One Nation One Voice, Songs of the Kwakwaka'wakw** (Music CD)

**Open Your Eyes** - DVD - Solnes Productions - 97 min.

Four DVD videos reveal medicinal and other benefits of wild plants native to the boreal forest.

**Our Voices, Our Stories** (DVD)

Barbara Cranmer 2015 39 min.

Demolition Ceremony of the St. Michael's Residential School in Alert Bay, BC on February 18, 2015.

**Our Spirits Soar! Aboriginal Heroes and Heroines Quiz Game** (CD-ROM) Tech Plus Interactive Software

This was created to honour the achievements of indigenous people. The men and women you meet have contributed not only to their First Nations community, but also to the larger human community. They are great artists, writers, athletes and leaders. They are hugely talented people with big plans and even bigger hearts. They are men and women we can all look up to - true heroes and heroines.

**Out of the Mist** - 13 slides from the *Out of the Mist* exhibition at the Royal BC Museum

Slides of art displayed at the Royal BC Museum 1999 - 2000. (See General Interest Section 971.1 BLA for book).

**Owl and the Lemming: An Eskimo Legend, The (PI)** (video) - NFBC - 5 min., 59 sec.

An Inuit tale about the wise owl and the foolish lemming, complete with sealskin puppets and an Inuit music sound track. Useful for Social Studies enrichment or as a springboard for creative drama and writing.

**Pacific Northwest Coast Indians Music Instruments** (audio cassette tape -1 side only)

**Music in our Lives - Song and Singer:**

1. Whale Song - Peter Webster 2. Raven Song - Billy Assu 3. Robin Song - Mungo Martin 4. Echo Song/Paddle Song - George Clutesi 5. Cradle Song - Mungo Martin

**Pacific Northwest Coast Indians** (slide set) - Pacific Educational Press

**Patrick's Story** - (DVD) - NFBC - 24 min.3 sec.

Patrick Bird was "a casualty of colonialism," having walked a dark boyhood journey of sexual abuse, neglect, foster homes, detention centres, loss, abandonment, drugs, alcohol and self-mutilation. Through no fault of his own, Patrick was disconnected from his family, his childhood and his Cree culture and left with few resources to cope with the pain and powerlessness.

**Patrick's Story** explores what brought a young man to attempt suicide and what turned his life around. With the help of friends and his loving adoptive mother, Patrick begins the search for his identity and spirituality as a Cree man, while discovering his talents in music and acting. This story offers us all a message of inspiration and hope.

***People of the Pacific (PI) (DVD) – A-V Discovery Ltd - 20 min.***

Theirs was perhaps the richest of Aboriginal cultures in Canada. They lived in a world unlike any other. The Pacific Ocean and the multitude of rivers provided food in abundance. The rainforests yielded enormous logs for huge homes, amazing canoes and intricate totems. These same forests were alive with wild animals for food and clothing. While other First Nations in Canada spent so much of their time searching and hunting for food, these people had time to form a complex society of a ruling class, commoners, freemen and slaves. They developed a society steeped in tradition, culture, myths and structure. Their desire for wealth and status among their peers led to the potlatch ceremony. Their manner of dress was highly ornamental and clothing was cleverly woven from strips of inner cedar bark, as well as mountain goat wool, birds, down and animal fur. Their homes were unique among all First Nations as they crafted enormous cedar plank homes could house forty to sixty people. Their artwork in everything from totem poles and masks to clothing was distinct among all First Nations of Canada. This program explores their world including dwellings, food, canoes, clothing (Chilkat clothing), tools, potlatch ceremony, spirits and shamans, art including totem poles, society, warfare, arrival of the Europeans, destruction of much of their way of life and people, and the revival of their culture and traditions.

***People of the Tundra (PI) (DVD) – A-V discovery Ltd. – 15 min.***

The Arctic has a brutal and severe environment. It is here that the Inuit survived for thousands of years. Through intelligence, ingenuity, adaptations and great skill, they have thrived within the harshest of conditions known to man. This program examines in beautiful detail the story of the Inuit. It studies their lifestyle, society, methods of transportation, shelter, food, tools, clothing and art. Their culture is distinct from other tribes and today it remains a vibrant, rich and exciting aspect of Canada's Arctic.

***Potlatch: A Strict Law Bids Us To Dance (DVD) - U'mista Cultural Centre - 53 min. (2 copies)***

Over the centuries, the Kwakiutl people developed a sophisticated culture based on the ceremonial giving away of surplus wealth. For years, the Canadian government outlawed the Potlatch. By their actions, a unique people was crushed while its cultural artifacts were seized, studied, and "protected". The U'mista Cultural Society decided in 1974 to trace the history of the Potlatch and this is their story.

***Potlatch – to give (DVD with 2 parts) – Barb Cranmer -13 min (2 copies)***

Our people acknowledge every aspect of our lives through ritual and ceremony, from birth to death. Central to our way of life is our P'asa, or Potlatch. The most important aspect of the P'asa is our T'seka, or Red Cedar Bark ceremonies.. That is when people enter the spirit world to gain supernatural power and connect to our history and dances. For these ceremonies, we enter our Gukwdzi, our Bighouse, where the firelight in the middle of the floor sets the scene for rich ceremony and theatrics. Our ceremonial regalia and masks connect us to our ancestral roots and make us a distinct people.

***Pow Wow Highway – DVD – Handmade Films 1 hr 27 min.***

This movie is a tale of two Cheyenne men travelling from their reservation in Montana to New Mexico.

***Pow Wow Trail - Episode 3: The Dances - Arbor Records Ltd (DVD)***

One of the most recognizable elements of Native expression is the Pow-wow. But very few people outside the culture understand it. They do not understand the significance of the songs and the dances behind Pow-wow; they do not understand the rites and ceremonies contained within a Pow-wow. They do not understand the meaning of the clans, or why Indian people dance. Here, we explore the true meaning beyond the feathers and beads. Culture lives within the people; it is expressed through those who practice and participate in these celebrations.

Each dance tells a story with its own historical significance, perhaps even a nation's creation mythology. Within the dances and songs, vital elements of Indian culture are expressed and preserved: it was meant to be showy and exhibitionist. The spirit of Native people.

***Prophecy Teachings of the First Peoples of the NW Coast*** (Music CD) Paul Wagner & Johnny Moses, Thirty songs from people of the Northwest Coast

***Qallunaat - Why White People Are Funny (DVD)*** – NFBC - 98 min 54 sec.

What's so funny about white people, other wise known as *Qallunaat* to the Inuit? Well, among other curious behaviours, *Qallunaat* ritualistically greet each other with inane salutations, repress natural bodily functions, complain a lot about being cold and seem to want to dominate the world. The result of a collaborations between filmmaker Mark Sandiford and Inuit writer and satirist Zebedee Nungak. *Qallunaat Why White People Are Funny* is a fresh and long overdue “study” of white people from the Inuit point of view. Not surprisingly, these “Qallunogists” find the ways of white culture a bit peculiar and often riotously funny. Consider their odd dating habits, their lame attempts at Arctic exploration, their overbearing bureaucrats and curious obsession with owning property.

*Qallunaat Why White People Are Funny* is a humbling portrait of what it must feel like to be the object of white society's gaze. Fresh and original, this documentary has that rare ability to educate with wit.

***Rabbit-Proof Fence (DVD)*** - Alliance Atlantis Communications - 1 hr.35 min.

***Rabbit-Proof Fence*** - featuring the Golden Globe-nominated score by Peter Gabriel - is the powerful true story of hope and survival, and has been met with international acclaim! At the time when it was Australian government policy to train aboriginal children as domestic workers and integrate them into white society, young Molly Craig decides to lead her little sister and cousin in a daring escape from their internment camp! Molly and the girls, part of what would be known as Australia's "Stolen Generations", must then elude the authorities on a dangerous 1,500-mile adventure along the rabbit-proof fence that bisects the continent and will lead them home! As shown by this outstanding motion picture, their universally touching plight and unparalleled courage are a beautiful testament to the undying strength of the human spirit!

***Raven Tales (DVD's)*** Raven Tales Productions – 25 min

N.B. There is one Raven Tales graphic novel per title on the Raven Tales shelf

**Join Raven, Eagle and Frog and their new friends the first people in the land before time.**

***Raven Tales: Bald Eagle* is the sixth episode in this series of animated television programmes based upon the multiple award-winning animated film, *Raven Tales: How Raven Stole the Sun*, and celebrating the First Nations' folklore of the Northwest coast.**

***Raven Tales: How Raven Stole the Sun (1)*** - (DVD) .

***Raven Tales*** concentrates on the wild and funny adventures of Raven, the most powerful, and one might add, trickiest trouble-maker of First Nations' folklore. Starring Dr. Evan Adams (*Smoke Signals*), winner of the AIFF Best Actor Award as Raven, ***Raven Tales*** has found a broad international audience with its mix of humour and friendship. Raven is joined by his brother (Ian Reid), and the mysterious Frog (Carmen Moore). Together they will learn the secret that will release the light and life into the world, a secret that might just burn a few feathers as well.

***Raven Tales: Raven and the First People (2)*** - (DVD) –

In this episode, Dr. Evan Adams returns as Raven with Carmen Moore as the mysterious Frog and Ian Reid as Eagle, as they discover the first humans in a giant clamshell washed up on the beach. Can Raven teach these 'people' how to survive in this new world before they drive him crazy in the process?

***Raven Tales: The Sea Wolf (3)*** - (DVD)

In this episode, a young man named Gwai asks Frog (Carmen Moore) for help with his poor fishing skills. She tells him the story of the Sea Wolf; a great creature who has lived in the sea since the time of creation. Gwai enlists the Sea Wolf's help to become the greatest fisherman in the village. But will he give the Sea Wolf his due or take the credit for himself?

***Raven Tales: Gone Fishin' (4) - (DVD)***

In this episode, Raven (Dr. Evan Adams) teams up with Qos and Widi to throw a fishing contest between Eagle (Ian Reid) and a mysterious giant bird who Frog (Carmen Moore, *Wolf Lake, Godiva's*) calls the Kulos. With all the fish in the village on the line, will Raven and his pals be able to pull off his greatest trick yet, or will they all end up wet?

***Raven Tales: Love and War (5) - (DVD)***

In this episode, Qos ask Raven (Dr. Evan Adams) to help him win the heart of Igis, a young woman who is too vain to love anyone but herself. Raven asks Qos to collect the snow from Igis' footprints, a tuft of her hair and some of her old clothes to build a snowman. With a puff of his breath, Raven brings the snowman to life and names him Moowis, telling Qos that it will teach Igis the true meaning of Love. But Qos is shocked when Igis falls in love with Moowis instead!

***Raven Tales: Bald Eagle (6) - (DVD)***

In this episode, Eagle (Ian Reid) tells the children a story of the creation time he and Raven (Dr. Evan Adams, *Smoke Signals*) are still young and the world is new. One day, the Great Spirit comes to visit and asks the brothers to fly him over the world he has created. According to Eagle, the Great Spirit rewards his service with a crown of white feathers on his head, but Raven remembers a different story and tells the children what *really* happened.....

***Raven Tales: Child of Tears (7) - (DVD)***

Qos and Igis are unable to have a child, so Frog (Carmen Moore) tells Igis to visit Dzunakwa, an old witch who lives deep in the forest. Dzunakwa agrees to help her, and tells Igis to mix her tears together with a handful of dirt to form the shape of a little boy. Dzunakwa brings him to life, and little Klundux is born! But will the children of the village accept this little child made of tears, and what terrible price shall be paid for Dzunakwa's help?

***Raven Tales: Howl at the Moon (8) - (DVD)***

The people of the village have been kept awake from the howling of the wolves, so they decide to send a party into the woods to flush them out and burn their dens. During the hunt, Wina becomes separated from the others in a sudden storm but he is rescued by a pair of mysterious strangers who nurse him back to health. After the storm, he reappears in the village and tells the stunned villagers about his new friends.

***Raven Tales: Raven and the Coyote (9) - (DVD)***

Frog's old friend Mother Toad comes to visit, and as the two story-tellers swap tales, Raven overhears the story of another trickster, the Coyote, who lives near Mother Toad's home far to the south. Determined to prove that he is the greatest of all tricksters, Raven heads down to meet Coyote and trick him by teaching him to fly. But Coyote is a trickster too, and Raven soon learns that all is not as it seems...

***Raven Tales: Raven Gets Sick (10) - (DVD)***

The first people get sick for the first time, and the village echoes with sniffles and sneezes. Nobody can understand what is happening, but Frog arrives and tells the story of how sickness first came to the people: The animals complained to the Great Spirit that people had too many advantages, so they convince him to inflict their aches and pains upon the first people every year. But, he says, there will be cures to be found if the people know where to look...

***Raven Tales: Flood, The (11) - (DVD)***

The children are visited by the tiny Mouse Woman, who speaks in a voice that only they can understand. She warns them that a great flood is coming and that the children need to find a way to convince their parents to flee their village to the safety of the mountain. But as the days pass and the children become more concerned, their parents remain unconvinced of the danger and refuse to go until Klundux gets an idea...

***Raven Tales: Gathering, The (12) - (DVD).***

The first people return to their village to find it devastated by the great flood. At first they are overwhelmed by the work that needs to be done to rebuild their homes and food stores, but Frog suggests they look to their friends for help. Sure enough, the Kulos, Sea Wolf and Dzunakwa join the animals to help the people rebuild the village before winter comes. When the work is done, the creatures go to leave, but the people have another Idea...

***Raven Tales: Rough Face Girl, The (13) - (DVD).***

The boys are making fun of Dza because she is a girl. When she shows them that she can compete, even beating her brother Winadzi at wrestling, they call her names. Walking alone by herself in the forest, she comes upon the mysterious Frog, who tells her the story of Rough Face, a young girl who showed the people of her village that true beauty lies within. Dza is soon lost in Frog's storytelling, and the characters she imagines in her mind look quite familiar...

***Raven Tales: Dream, Dream, Dream (14)***

In this episode, Gwayum is worried because her son Widi is always daydreaming and staring out to sea. She goes to see Frog, who advises her not to worry. Frog tells Gwayum the story about the time in the earliest days when the Great Spirit dreamed the world into existence. "We must not question the dreamers amongst us," Frog says, "but be patient and help them if we can." Feeling better, Gwayum returns to Widi, who reveals what his dreams have shown him.....

***Raven Tales: Dog Days (15) (DVD)***

The children are fishing when a great wind takes them to a beach far from home. Seeing a huge set of footprints, they become scared and hide in the bushes. Crouching low they see the huge feet of an animal that looks like a wolf, but Dog, as he calls himself, is friendly and helps them to hunt food and keeps them warm at night. Eventually, he brings them home to his master, a mysterious giant that the children have never seen before but who is oddly familiar.....

***Raven Tales: Great Bear Rock (16) (DVD)***

In this episode, the children are playing games in the forest and despite the fact he wins every time Winadzi is being a poor sport. Showing off, he winds up trapped on a high ledge but he is too proud to ask for help. Raven comes to sit with him a while and decides to tell Winadzi the story of how, many years ago, he tricked the Great Bear, the biggest and strongest bear who ever lived, and turned him into stone..

***Raven Tales: Baby Blues (17) - (DVD)***

The first people are excited about Gwayum's new baby but the little girl doesn't have a name yet because she won't stop crying. The only thing that makes her stop is Widi's warrior doll but it is his most cherished possession and he runs away rather than give it up. Frog finds him in the woods, telling him the story of Agas, the Comanche girl whose example of sacrifice ended a great drought to save her people. Will Widi learn from her example and help his sister find her name?

***Raven Tales: Starlight. Star Bright (18) - (DVD)***

In this episode, the children are sitting outside staring at the stars, wondering aloud how they came to take the shapes that they make in the sky. Overhearing them, Eagle comes over and tells them the story about how the old man and his daughter, who lost the light of the sun to Raven so long ago, were the victims of another trickster, the Coyote.

***Raven Tales: Games, The (19) (DVD)***

Out fishing one day, the emn become snared in a storm and are blown out to sea. They awake on a strange shore and soon discover a village of people much like themselves, complete with their own Raven, Eagle and Frog! Soon joined by their families, the two peoples enjoy many days feasting, dancing and storytelling. However, after a few days the children become bored and start to bicker, causing friction. Thankfully, Frog comes to the rescue with a suggestion: a competition!

***Raven Tales: Spiders & Dreams (20) – (DVD)***

Dza is having nightmares that leave her confused and scared, especially when a giant Spider shows up. To help her keep from being frightened, Wina decides to watch over her as she sleeps but he too falls asleep and enters the dream world. There he meets the Spider and receives from her a gift of knowledge that allows him to protect Dza and the other children from the evil spirits in their dreams

***Raven Tales: Bukwas (21) – (DVD)***

Caught in a storm while fishing, Wina, Gwai and Qos awaken on a strange shore and find themselves in the clutches of Bukwas, a mysterious wild man who lives by the sea. After the men do not return, the women go to Dzunukwa to ask her help and find out that Bukwas has stolen their souls! While Gwayum and Abas remain with the children, brave Igis sets off with Raven to rescue the men but Raven's plan to trick Bukwas may put their souls at risk as well!

***Raven Tales: Work & Play (22) – (DVD)***

All Klundux wants to do is play, avoiding chores despite his mother's pleas. After an argument one night, he decides to live on his own in the forest. There he finds Raven who has been kicked out of his house by Eagle for being a slob so they decide to join forces. After a few days of rain and no food, Klundux starts to regret his decision. Raven suggests they steal some food, but Klundux feels bad for doing so and decides to make amends his own way.

***Raven Tales: Change and Butterflies (23) – (DVD)***

The Great Spirit tells the children a time of change is coming and asks if they would like to grow up and have children of their own. He gives them a gift to teach them about change, growth and responsibility: four small cocoons. He tells the children that their gifts will be revealed if they can keep them safe for a full year. The children almost immediately forget, leaving Eagle to spend the year frantically keeping them safe until the Great Spirit returns to reveal what is inside.....

***Raven Tales: A Day in the Life (24) (DVD)***

As the villagers work hard at their chores, Raven works equally hard avoiding them. After escaping to the forest, he finds himself in the middle of a dispute over a giant salmon. With the help of the Great Spirit, Frog and the animals, Raven learns that everyone has a place in the village.

***Raven Tales: Return of Kulos (25) – (DVD)***

S'gaana the whale won't allow the villagers to fish. Faced with starvation, Wina decides to fight back. After a disastrous attempt at catching S'gaana, Wina finds inspiration in a series of visions he has of great Kulos. Using the power of Kulos, he forces the whale into respecting the villagers and sharing the ocean.

***Raven Tales Musicians of the Sun (26) – (DVD)***

It is winter in the village and the snow has trapped the people inside. Frog comes to relieve the tension and tells the story of when the Great Spirit sent Raven to free the Musicians of the Sun to bring light and music to the world. Afterward, the first people are inspired to create instruments of their own and make music to banish the cold and darkness.

***Reel Injun –(DVD) National Film Board of Canada – 85 min. (3 copies)***

One filmmaker, Neil Diamond, takes an entertaining and insightful look at the Hollywood Indian, exploring the portrayal of North American Natives through a century of cinema. With clips from hundreds of classic and recent films, *Reel Injun* traces the evolution of cinema's depiction of Native people from the silent film era to today.

***Residential Schools: Truth and Reconciliation in Canada (Secondary Version) (DVD) (2 copies)***

Grades 9 - Adult: 18 minutes  
McIntyre Media Inc.

**Rising from the Ashes...** (Music CD) Kwakwaka'wakw, Alert Bay, BC

**Round Dance Songs Vol.2 (CD) – Arbor Records**

A popular dance for non-Indians during an intertribal song is the Round dance. It is an easy dance to follow as everyone joins hands inside the dance area forming a big circle moving clockwise. The Round dance creates a simple and fun activity that brings both cultures together for positive interaction. The dance arena, known as the Aarobir, is located in the centre of the designated area. It can be either outdoors or indoors. The Arbor is blessed prior to the Pow Wow starting and is considered sacred ground during the entire celebration. The Arbor is treated with the same respect as would be given to a church.

**Run to High Ground – (DVD) – Provincial Emergency Program of British Columbia et al – 14 min K-6 grade**

Join Native storyteller, Viola Riebe of the Hoh tribe on an animated adventure as she tells the story of a giant earthquake and tsunami in the Pacific Northwest. The adventure begins with breathtaking footage of the Pacific Northwest Coast. From here it leads to Viola teaching a group of children how to make Native baskets from cedar bark. She tells them that coastal tribes made many things from cedar bark, including canoes. The discussion turns to giant waves, as Viola shares an exciting tale of how a canoe ended up in the trees due to a large earthquake and tsunami – loosely based on actual events from 1700. These dramatic events are seen through the eyes of a young boy named Obi who overcomes his fears and ends up saving the village through his heroic actions.

**Saaban - Smalgyax Dictionary - (CD-ROM) -Tsimshian Chiefs**

This CD-ROM is a companion to the Tsimshian Series, **Suwilaay'msga Na Ga'niyatgm, Teachings of Our Grandfathers**. The seven books in the series represent the telling of Tsimshian history by the peoples who have lived and continue to live it. The texts reveal that our different visions of the world are not always mutually translatable, but in the acknowledgment of the diversity of cultures, mutual respect takes place. **Saaban** is an adawx told by Gitkxala elder Dorothy Brown in 1968. It tells of the first meeting between the Tsimshian and the Europeans. You will hear her voice and read the text in Sm'algyax and English.

**Sa Hat'aal - Harvesting Cedar Bark - (DVD) Gingolx Media Centre 10 min.**

This video documents the process of weaving a cedar berry basket, from going out to the woods and collecting the bark to the finished product. The Nisga'a are one of many coastal First Nations' groups that have a traditional reliance on the cedar tree for many purposes. As part of a cultural focus on revitalizing traditional artwork and activities, schoolchildren from the village of Gingolx learn about and weave cedar berry baskets. Collages of images interspersed with specific lessons are connected by student singing and voices explaining the process as they create their baskets.

**Saakwhl K'ali Lisims - Nass River Oolichan -(DVD) Gingolx Media Centre**

Grade 2 and 3 students from Nathan Barton Elementary School received funds from the First Nations School Association and the First Nations Steering Committee for a Science and Technology Fair. The initiative was and is to promote, amongst our children, an interest in science and technology in the hopes of encouraging them to pursue sciences in school; and as a potential career path. This project on the Nisga'a Oolichan Fishery works towards developing an understanding of traditional sciences and an interest in Nisga'a traditional technology.

**Sacred Relationship, The - Healing the Water, Healing Ourselves (DVD) 52 min.**

Guided by a circle of Cree Elders and led by a team of Aboriginal and Western Scientist, the Sacred Relationship explores how reconciling the relationship between Aboriginal people and the rest of Canada can lead to healthier Water.

**Sacred Sundance, The** - (DVD) – National Film Board of Canada 69 min.20 sec

Under a sweltering July sky, participants in the sacred Sundance ceremony go four days without food or water. At the end of the grueling experience they will place the flesh of their chests in an offering to the Creator. With *The Sacred Sundance*, First Nations' Director Brian J. Francis journeys into the traditions of North American Aboriginal spirituality. The Sundance is new to the Mi'kmaq people of Eastern Canada. brought to them from the West by elder William Nevin of the Elsipogtog First Nation. This event marks a unique transmission of traditional culture from one First Nation to another, and offers a link to the great warrior traditions of the past.

**Salish Language** (DVD's)

**Nuheyllum – Naming Ceremony and Xe'xe' Sqwal - Sacred Language**

These DVD's are for language only i.e. there is spoken word and the wording appears on the screen.

**Salish Sea** - (CD) -Holly Arntzou & the Saltwater Singers

Songs of the sea with Holly Arntzen and children's choirs from SD #63 (Saanich). See book 551.4:ARN

**Sayt Adoks - Crests and Tribes Together** - (DVD) Gingolx Media Centre - 29 min.

*Sayt Adoks* means all the crest or tribes together. This 29-minute video documents a unique totem pole carving project in the Nisga'a village of Gingolx in northwestern British Columbia. Initially, a school project designed to introduce students to carving and the process of crating a totem pole, *Sayt Adoks* goes well beyond its' original intent. The video immerses the viewer in stories of the pole with images of tribal dancing dissolving into natural footage. Concurrently, the narration allows us to listen and hear the tales upon which some of the history of the Nisga'a people is based.

**Secret of the Dance** – Andres Spalding & Alfred Scow- needs Smart note4book

A classroom booklet of lessons from the book “*Secret of the Dance*” together with a disc (Copies of the original book can be found in the Primary/Intermediate part of the library P.I. 813,54:SPA) Suggested audience Grades 2-6.

**Secret of the Dance (PI)** – lessons for Smartboard

See book in Primary/Intermediate section PI 813..54:SPA

**Schalay'nung Sxwey'ga: a transformation story** - (DVD) - UVic Faculty of Education - 26 min

This video tells the story of an Indigenous Knowledge course taught in the Faculty of Education at the University of Victoria in 2005. Over the period of five months, students, faculty, carvers and community members worked together to create a Thunderbird/Whale Protection Pole to stand in the foyer of the MacLaurin Building at the University of Victoria. The creation of the pole was chronicled in print, video and web based media. The video and slide show on this DVD show highlights of the pole's transformation.

**Science: Through Native American Eyes** - (CD-ROM) - Cradleboard Teaching Project - Suitable for Grade 5 onward.

The Cradleboard Teaching Project is an initiative of the non-profit Nihewan Foundation for American Indian Education which was founded by Buffy Sainte-Marie in 1969. Thanks to a major grant from the W.K. Kellogg Foundations, the Cradleboard Teaching Project serves children nationwide, creating curriculum and communication partnerships, and helping children of all races build cross cultural friendships based in Native American core curriculum. (Curriculum Outline: Principles of Sound, Principles of Friction and Native American Lodges.)

**Secwepemc Kuc** (CD-ROM) - Secwepemc Cultural Education Society

This CD-ROM is about the Ethnobotany of the Secwepemc people, with 23 plants used in traditional methods. (Guidebook in library 791:SEC)

**Selected Huu-ay-aht Phrases (CD)** - Barkley Sound Working Group & HUU-ay-aht First Nation

From the Nuu-chah-nulth Phrase Book & Dictionary - Barkley Sound dialect.

**Seven Grandfather Teachings: Character Development**

(DVD and Teacher's Guide) Grades 3 to 8 - 20 min. McIntyre Media Inc.

Before the early settlers, there were already many Aboriginal people living here. Each of these groups has unique beliefs about how the earth was created and how people came to exist. This is a set of teachings on human conduct towards others. They are what was traditionally and still is to this day needed in order for communities to survive. Most all First Nation people follow them. It describes the virtues of being a good person, taking care of one another and taking care of the earth.

**Seven Laws, The (Season 11 show 1) (DVD)**

*The Seven Laws* explores the natural laws or teaching of Aboriginal people and explains how these laws form the basis of all life and meaning in this world.

**Sharing Circle, The (DVDs)**

Season 11:

- *Show 1: The Seven Laws*
- *Show 10: Water*
- *Show 11: When Veterans Dance*
- *Show 22: Drum Keepers*

Season 13:

- *Show 3: Good Spirit Medicine*

Season 14:

- *Show 1: Crooked Music (Metis Fiddle)*

Season 16:

- *Show 6: Living Earth*
- *Show 13: Did you Know*

**Shi-shi-etko: Remember the ways of our people (DVD) 12 minutes (2 copies)**

Based on the children's book *Shi-shi-etko* by Nicola Campbell, this beautiful story follows a young Aboriginal girl on the last four days before she is taken to residential school.

**Si Si Wis Stories and Songs** - Summer 1996 - Johnny Moses - audio tape

**Sifting Through the Layers** - I.C.A Victoria (DVD & book)

An innovative approach to Anti-Racism Education.

**Silent Messengers (DVD) – NFBC – 93 min INUIT**

This extraordinary documentary explores the mysteries of the Inuksuit, those powerful objects that mark the pristine landscape of the North. As enigmatic as the stone slabs of Stonehenge, the Inuksuit are sacred signs of the Inuit and their ancestors – the first people to inhabit the Arctic. With acclaimed ethnographer and photographer Norman Hallendy and well-known sculptor-actor Natar Ungalaq (***Atanarjuat: The Fast Runner***) as their guides, the filmmakers traverse the open and sometimes forbidding terrain around Cape Dorset and Igloolik, in search of these stone symbols and their meanings. This journey offers up staggeringly beautiful images of the Arctic. Remote and haunting, the Inuksuit stand as the signposts of a rich way of life, one sadly in danger of disappearing.

**Silent Messengers** allows us a privileged and intimate encounter with the land. Enhanced by a brilliant musical score, this stunning work is at once respectful and personal, inspiring and human.

### **Smokin' Fish (DVD)**

A documentary joyously bringing to life the epic art of being and remaining Amerindian in the 21<sup>st</sup> century.

### **Smoke Signals (DVD) 1 hr 29 min. Alliance Atlantis Films (Secondary Level)**

### **Spirit Bear (DVD) - Marvista Entertainment - 91 min.**

Though just 15, Simon Jackson shows the world how one boy can truly make a difference. Simon has always been shy and introverted, until his life changes in one instant. Attacked in the remote wilderness, Simon is rescued by a rare white Kermode bear, also known as Spirit Bears. When he learns that only 400 of these beautiful, endangered creatures are left, he finds his voice and transforms into a political activist. With the help of his friend and mentor Lloyd Blackburn, Simon courageously takes on the powerful forest industry led by Frank Perdue and the government. His message is clear, and everyone gets involved from Prince William to the Backstreet Boys. Through hard work and perseverance, Simon saves the Spirit Bears and secures protection of 2,500 square miles of Princess Royal Island - one of the largest land protection battles ever won. Simon captures the hearts of the world, and is named one of *Time Magazine's* "Heroes for the Planet."

### **Spirit Dreams, Daniel Crane D/Lakota style flute (Music CD)**

### **Spirit Has No Colour, The (DVD) – Orca Productions 2010 – 43.50 min**

This film is the joint production of the Police Academy, Justice Institute of British Columbia, 42<sup>nd</sup> Street Consulting and Orca productions. *The Spirit Has No Colour* is a training film for B.C.'s municipal police recruits on the relationship between police and Aboriginal peoples. The intention of the film is to provide first step training for recruits on:

- The history of Aboriginal peoples (First Nations, Inuit and Metis peoples), particularly in B.C.
- The role of police in the enforcement of laws of Canada that today are deemed to have been damaging to the Aboriginal peoples, destructive to their culture, language and spiritual values and practices, and based on a belief of cultural inferiority
- The experience of Aboriginal peoples through that lens, showing what police will see on the streets and in the communities today, both the powerfully positive and the powerfully negative.
- The consequence of generations of children being taken from families and entered into residential schools of this country, systematically destroyed family systems, any possible learning of family practices and parenting skills.
- And finally, connecting issues of Drug and alcohol abuse, family disintegration and loss of identity to the sexual, psychological, physical and other abuses common in the schools.

### **Spirit of Haida Gwaii (DVD) 45 minutes**

A documentary of the statue creation of Master Haida carver, Bill Reid's Spirit of Haida Gwaii Bronze Sculpture for the front entry of the Canadian Embassy in Washington, DC, USA.

### **Spirit of Learning, The series - Learn the ABC's - (CD-ROM) - Bison Technology**

Helps develop the alphabet, pre-reading skills, auditory and phonetic sound awareness and Identification of letters and pictures words.  
of the Sioux for six generations.

### **Spirit of the Pow Wow - (Music CD) SD#71 Comox Valley**

*Spirit of the Pow Wow* is an interactive teaching unit.

### **Spirit of the Trees - a 6-part series:**

*Spirit of the Trees* weaves together native voices, art and music from 40 indigenous tribes and nations. Narrated by the late actor/musician Floyd Red Crow Westerman, this remarkable journey with First Nations people gives insight into the traditions of their spiritual practices, foods and medicines, art and music, shelter and land management – all inseparably connected to trees forests and Mother Earth.

***Spirit of the Trees – Circle of Life* (DVD) NFBC – 28 min 30 sec.**

Woodland tribes like the Yankton Sioux, Menominee and Objibwe share their perspective on why cultural diversity and biodiversity are interconnected. You will experience how, through years of dedication and listening to their elders, the Menominee have created one of the most outstanding examples of sustainable forestry in the world. From black ash basket making to building sweat lodges, this film takes you to the lands of tribal artists, elders and managers living sustainably with deep, healthy spiritual traditions tied to trees and forests.

***Spirit of the Trees – Malama Aina* (DVD) NFBC – 28 min. 31 sec.**

This segment explores the intimate relationship Native Hawaiians have with the land and all living things, included in this piece is the touching story of how the Tlingets of Alaska gave the Hawaiians three giant sitka spruce for a traditional outrigger canoe because they have no trees large enough left on the Islands. Botanists, ceremonial dancers, artists, healers, navigators and others describe how indigenous Hawaiians are struggling to save their cherished land.

***Spirit of the Trees – People of the Cedar* (DVD) NFBC 21 min 31 sec**

The tribal nations of Alaska and the Pacific Northwest consider cedar essential to life, equal only to the salmon. This segment features many traditions that have evolved from community life in the forest: carving, basket making, weaving, making cedar clothing and gathering. The Yakima share their concerns and philosophy on sustainable forestry and traditional food and gathering.

***Spirits of Davis Inlet* - (CD-ROM) - Southam Interactive - 45 min.**

Davis Inlet, Labrador, is a native community struggling to regain its dignity. The plight of the Innu who live here is the stuff of headlines - a dramatic suicide attempt by six gasoline-sniffing children, a standoff over the ousting of a circuit judge and protests against low-level flying. This photo essay reveals the story behind those headlines. It is a glimpse into the lives of a group of people reaching for recovery. Using black and white photographs and audio interviews with the Innu, *Spirits of Davis Inlet* strives to examine the problems and solutions from the point of view of the Innu.

***Steps in Time 11* (DVD) – Gabriel Dumont Institute – 70 min. METIS**

Jeanne Pelletier's "*Steps in Time*" teaches people of all ages the "*Red River Jig's*" intricate steps, and square dancing moves and holds, as well as two square dances, the "*Quadrille*" and "*la danse du crochet*" A conversation with Jeanne outlines her history as a dance instructor and caller, and why dance is important. Also included on this DVD is the original "*Steps in Time*" from 1989, which teaches dancers the "*Duck Dance*," some basic Metis dance steps, fancy jig steps and the "*Rabbit Dance*."

***Stolen Children* (DVD) CBC Learning 47 min.45 sec**

After decades of waiting, Aboriginal Canadians received a formal apology from the federal government on June 11, 2008. This landmark event in Canadian history recognized the loss of culture caused by the church-run residential schools that thousands of Aboriginal children were forced to attend. It also acknowledged the physical and sexual abuse that many suffered in those institutions. In this package of documentaries from *The National*, CBC explores the impact of residential schools on former students and the larger community, presenting ideas for what more can be done to address this painful chapter in Canada's history.

**Stories from the Seventh Fire:**

**1. WINTER: (2 copies)**

***Why the Rabbit Turns White (PI)* (DVD) - Filmwest Associates - 14 minutes**

That Wesakechak! He was given so many special powers – but sometimes he gets a little lazy and just wants to “relax” from his job of looking after all his little brothers and sisters of the earth! The rainclouds and the animals have left in disgust and all the peoples are starving. The colourful art of renowned FN artist, Norval Morriseau, springs to life with the vibrant animation of the Bardel group, producers of “Anastasia” and “The Prince of Egypt”.

***The Legend of the Spirit Bear* (DVD) - Filmwest Associates - 14 minutes**

Mama wolf and her 3 cubs settle down in their cozy cave for a bedtime story. Mama wolf (**Tantoo Cardinal**) tells her cubs about the time when Mother Earth was covered with glaciers and why the Creator turned every 10<sup>th</sup> black bear into a white "Spirit Bear". Live action wildlife footage from the award winning Karvonen Films Library skillfully blended with cutting edge 3D animation gives a whole new perspective on story-telling.

## **2. SPRING: (2 copies)**

**The First Spring Flood(PI)** (DVD) - Filmwest Associates - 13 minutes.

The power of friendship and co-operation is the theme in this spring story. Wesakechak must overcome the envy and anger of the bad spirit Machias, who intends to drown him in the First Spring Flood. His friends Jackfish, Goose and Beaver cooperate to save him from the jealous bully.

**Legend of the Giant Beaver** (DVD) - Filmwest Associates – 13 minutes

This story of ancient landscapes and nature sparks the imagination of all young viewers! We hear of great plains, covered with water and the giant beaver, the size of grizzly bears, who built land and created smaller lakes and ponds for other creatures. The natural link to the shrinking waters and beavers introduces the role of wetlands, special places (habitats) for many of the beavers' animal and insect friends.

## **3. SUMMER: (1 copy)**

**How Wesakechak got his Name (SUMMER) (PI)** (DVD) - Filmwest Associates – 13 minutes

An excellent lesson in humility and working for stature! Wesakechak feels he deserves a more powerful name. He convinces his fellow creatures to ask the Creator to give out new names. Wesakechak becomes so fixed on being the first in line at the naming ceremony that he tries to stay awake all night. Of course, he falls asleep towards dawn and is so late for the ceremony that he ends up with his old name. But the creator gives him a new job – he will become the teacher of the First People. This way he will make his name important, not the other way round.

**Legend of the Caribou** - A lesson in sharing!

The Caribou herds became so large that they threatened the existence of all the plants and other creatures that lived in the Barrens. When the caribou refused to move or share, the other animals asked the Creator for help. Since that day, swarms of mosquitoes and flies force the caribou to move to other pastures and so we witness the longest yearly migration of animals on Mother Earth!

## **4. AUTUMN: (2 copies)**

**Wesakechak and the Medicine (PI)** (DVD) – Filmwest Associates – 13 minutes

Abusing medicine can be very dangerous! On a beautiful fall day, Wesakechak sees two chickadees getting extra energy from their special medicine berries. He begs them to share and they do, cautioning him to take only one at a time and only when he is very tired. Wesakechak overdoes it, floats off the earth only to fall headfirst into a swamp. Later, he spies two cranes who toss their eyes to the sky to help improve their eyesight. Again, Wesakechak begs for the secret and overdoes it. He is blinded. Eventually, the Creator shows him how to restore his sight, but first insists on a promise from Wesakechak that he will not abuse strong medicine again.

**Legend of the First Thanksgiving (PI)** (DVD) – Filmwest Associates – 13 mins

Sharing is a way to give thanks for the bounty around us! As the leaves are falling, we hear the story of how Raven tricked the other animals into providing a great feast before winter arrives. Harvest, Thanksgiving or Potlatch, the feast tradition carries on for all animals, including humans. In this story we witness the details of how animals prepare for winter.

**Story of the Coast Salish Knitters, The** (DVD) - NFBC - 52.03 minutes

For almost a century, the Coast Salish knitters of southern Vancouver Island have produced Cowichan sweaters from handspun wool. These distinctive sweaters are known and loved around the world, but the Aboriginal women who make them remain largely invisible. Combining rare archival footage with the voices of three generations of wool-workers, *The Story of the Coast Salish Knitters* tells the tale of unsung heroines - the resourceful women who knit to put food on the table and keep their families alive. Written and directed by Metis filmmaker Christine Welsh, this is a story of courage and cultural transformation - a celebration of the threads that connect the past to the future.

***Story of the Rabbit Dance (DVD) METIS Elementary Gabriel Dumont Institute***

This Charming story is for young children. Metis trapper Jacques witnesses the creation of the Rabbit Dance. Lesson Plans are included.

***Storytellers, the (DVD) – First Nations Films – 39 min***

Native people saw the history of their land differently than the White man. The early European settlers brought many new things to this land – like horses and guns. They also brought mumps, measles and smallpox which destroyed entire Indian nations. The Indians in return taught settlers the principles of democracy as well as how to survive on the land and preserve the natural environment. Join us as we tell some of the real stories as they happened to the native peoples. A wonderful journey in time and patience and a must see for anyone interested in First Nations.

***Storyteller's Bag, The (CD & Teacher's Guide) – Children's Theatre for Kids***

Music and adventure inspired by Ojibway legends. Grades K - 8.-

***Suusa's Room (Music CD) - Dennis Lakusta*** Songs with Dennis Lakusta.

***Tribal Journeys: Paddle to Qwut'sun (DVD)***

This moving documentary follows the canoe journey of the northern coast tribes from Vancouver Island and the central coast of BC down the inside passage of Vancouver Island. Tribal Journey is an annual event that brings hundreds of people together to celebrate and honour the traditional customs of their sea faring ancestors as they paddle the same ancient waterways.

***Teachings from the Half Boy – (DVD) – Rotary Club of Royal Oak – 21 min.***

Culture flourishes with the sharing of knowledge between generations. Familiarity with traditional songs and stories creates a strong fabric of cultural literacy, but disconnection characterizes the First Nations experience. *Teachings from the Half Boy: A Cultural Homecoming* offers insight for Elders, parents and residential school survivors seeking to reclaim and preserve traditional culture for their children.

Learning from other Nations,, participating in community activities and drawing inspiration from traditional stories are just a few of the strategies explored here. Resonating with the heart –pulse of the drum, the whisper of the river and the simple rhythm of the story-teller's voice. *Teachings from the Half Boy* offers suggestions for increasing literacy and preserving First Nations heritage for the emerging generation.

***Teachings of the Four Elements - (CD-ROM) - Ningwakwe Learning Press***

The "*Teachings of the Four Elements*" material was based on an Ojibwe understanding of the Medicine Wheel. The Medicine Wheel is divided into four equal parts. Each direction has its own colour, animal, medicine and teachings. The circle represents the unity of all things and the balance of the cycles of life. Creator ... took four parts of Mother Earth (earth, wind, fire and water) and blew into them using a Sacred Shell. From the union of the Four Elements and his breath, man was created" Benton-Benai 1988.

It is the balance of these four elements that allows us to continue living on Mother Earth. Not one of the four elements can be altered without affecting the others. We are reminded how long these circles have turned before we came into the world. It is our duty to gain as much knowledge and wisdom about the world that surrounds us. Each of us can influence whether these circles will still be turning for those whose song is yet to be sung. *A booklet of Teacher's Notes accompanies this CD-ROM.*

***Teachings of the Tree People – the work of Bruce Miller (DVD) Islandwood Productions – 58 mins***

Nationally acclaimed artist and Skokomish tribal leader, Gerald Bruce Miller (subiyay) interpreted the sacred teachings of the natural world to anyone who wanted to learn. this gentle and generous film is the parting gift of a great teacher, artist and orator

***The Truth About Stories: A Native Narrative Documentary*** (5 CDs 5 hours)

Thomas King - 2003 Massey Lectures

CBC Audio

***Telling It Like It Is*** (DVD) - Coppermoon Communications 24 min 30 sec

The stories that you will hear in this video document Aboriginal youth navigating tough issues and sharing their successes with others all set to a HIP, *Rap Beat!* These youth discuss important issues like balancing their Aboriginal culture in non-Aboriginal settings such as school. The young people talk from the heart about struggles with suicide, drugs and alcohol, family difficulties, school and how they have overcome the challenges they have faced. In this video youth also create a rap beat that rhymes their experience outside of the box of racial stereotypes, in the word - they Tell it Like It Is!

***Thomas Pride*** (Music CD) Eleven Kwantlen songs.

***Through the Eyes of a Child*** - (audio tape) David Campbell

***Thunder Drums*** (CD) – Arbor Productions

Twenty pow-wow songs from the World's Best Drums.

***Tipi Tales (PI)*** – (DVD's) – Meeches Video Productions

*Tipi Tales* are adventures in story and song. Elizabeth, Junior, Russell and Sam play laugh and grow together in the forest surrounding the home of their great grand-parents. Each story centres around the daily challenges faced by the cousins as they seek to understand each other and the world around them

Collection 3: Girl Who Cried Windigo, Big Whopper, Little Girl Lost, Too Many Words

Collection 4: Last Laugh, The Song, Sleepy Time. Pow Wow

Season 2, collection 1: The Scariest Boy, The Helper, Sugar Rush, Treasure Hunt

Season 2, collection 2: Whiner, Bee Gone, Hair Cut, Bored

Season 2, collection 6: Mine, Good Medicine, So Smart, Surprise

Season 2, collection 7: Mighty Hunter, The Shawl, The Making of Tipi Tales

Season 3, collection 1: The Brave Explorer, The Sharing Circle, The Parade, My Puppy

Season 3, collection 4: Special Pie, Sam's Pet, Sorry, Rainy Day

Season 3, collection 6: Happy Inside, Dream Catcher, Puppet Show

Season 3, collection 7: Inuksuk, Spirit Name, Costume Day

***T'lina - the Rendering of Wealth*** - NFBC - 50 min.21 sec.

The Memorial for Arthur Brown Dick -Mamalilikala. Includes archival footage of memorial ceremonies from the past.

***Totem – Return & Renewal*** (DVD) – NFBC – 23 min 03 sec

The metal shackles restraining the totem have been removed. The G'psgolox pole is free, After 77 years in a Swedish Museum, this 19<sup>th</sup> century mortuary totem is finally returning to its ancestral lands in Haisla territory. Filmmaker Gil Cardinal updates the story he first chronicled in *Totem: The Return of G'psgolox Pole*, capturing the final chapters in the historic, first-ever repatriation of a totem pole from overseas by a First nations band.

This DVD follows the pole's emotionally charged journey home – from the long-awaited moment tht the pole is taken down in the Museum of Wthnography in Stockholm to the official ahndover ceremony in Vancouver where the museum transfers ownership of the pole to Chief G'psgolox on behalf of the Haisla Nation

***Totem - the return of the G'psgolox pole*** – (DVD) - NFBC - 70 min.

In 1929, the Haisla people of Northwestern British Columbia, returned from a fishing trip to find a 9-metre high totem pole, known as the G'psgolox pole, severed at the base and removed from their village. The fate of the 19th-century pole remained unknown to the Haisla for over sixty years. Director Gil Cardinal reveals the Haisla's 1991 discovery of the pole in a Swedish museum, where it

is considered state property by the Swedish government. From the lush rainforest near Kitimat Village, BC, to the National Museum of Ethnography in Sweden, the documentary traces the fascinating journey of the Haisla to reclaim the traditional mortuary pole. Bringing to light a powerful story of cultural rejuvenation, the film raised provocative questions about the ownership and meaning of Aboriginal objects held in museums. Cardinal skillfully layers compelling interviews, striking imagery and rare footage of master carvers as they create a replica pole. The Haisla have fulfilled a promise to the museum to replace the original totem. Now, having honoured their end of the bargain, they await the return of the G'psgolox pole.

***Totem Poles (CD-ROM) - Ingenuity Works Inc. & the Canadian Museum of Civilization***

Come to ***Totem Poles***. Where supernatural beings and man share a dramatic and mystical landscape. Where a people have thrived on rivers and oceans teeming with salmon and shellfish. Where a vibrant culture has existed for 10,000 years. Come to ***Totem Poles*** .... the captivating and enchanting story of a civilization the equal of China or Egypt.

***Two Indians Talking (DVD) - Kiss Dust Pictures inc. 96 min 04 sec.***

*Two Indians Talking* is a humorous, uncensored conversation between two First Nation men who are about to take part in their community's roadblock. Each man wants fiercely to do the right things, but struggles with the question "When you do something for the right reasons, does that make it the right thing to do?" ADAM (Justin Rain) is a university-educated Native of the Seventh Generation, raised to believe that knowledge is the Indian's best tool for survival. NATHAN (Nathaniel Arcand) is a high school dropout whose dreams have been consistently crushed in his endurance of the past 20 years. On the eve of their nation's roadblock, the cousins prepare for the impending battle in a community centre that they paint with heartfelt conversation and humorous debate about life, culture, women, literature, dreams, politics, education, poverty and about hope for the future – if any.

***Village Books (CD)***

Stories read by Hazel Wilson. (see P.I. 917.11:SD #85 – Vancouver Island North for 3 books)

***Voyage of Rediscovery - Frank Brown, 1990***

This is the life story of Frank Brown, a man from Bella Bella, the Heiltsuk Nation. Frank Brown, at the age of 14 or 15, was banished to an island where he had to learn to look at his inner self. This banishment was a punishment for juvenile activity. It is a positive example of how Alternative Native Justice can work.

***Walking the Choctaw Road (4 C.D.'s) with Tim Tingle, Choctaw Storyteller***

*Walking the Choctaw Road*, like one of those old Choctaw chants that kept people's feet going along the long journey, will stay with you and lend you some of its strength. Delivered in Tim's quiet, down-home Indian voice, they're the sort of lesson stories that stick to you like burr. Cross the river with these stories - they'll give you safe passage.

***Wapos Bay series - NFBC - 24 min each - in English and Cree***

***Wapos Bay*** is a lighthearted stop-motion animations series about the adventures of three Cree children living in remote northern Saskatchewan. Guided by elders, extended family and their own insatiable curiosity, T-Bear, Talon and Raven learn how to balance traditional ways with newer ones. Dennis and Melanie Jackson created this charming award-winning series.

***1. There's No 'T' in Hockey***

Talon and his cousin T-Bear play on the same hockey team, but their relationship becomes strained when they both try to win the attention of Melanie, a girl on the opposing team. The three are all playing in the hockey tournament at the Wapos Bay Winter Festival. Meanwhile Raven is having a little too much fun and not helping her grandmother prepare for the kohkum/granddaughter bannock competition at the festival. Frustrated by waiting for her granddaughter to help out, kohkum quits preparing for the contest. The three children acquire some valuable lessons with the help of kohkum and mushom, their grandfather. T-Bear learns how to be a team player, and Raven is determined to compete in the contest.

## **2. Journey Through Fear**

Aboriginal Day festivities are getting underway, but there's even more cause for excitement in Wapos Bay...

T-Bear unexpectedly spends the night in the fire tower after he climbs up and is too afraid to come down. Jacob goes up to get his son and realizes he's scared too. In an amusing twist, the story is reported as a political protest on TV. After much soul searching, father and son make it back to solid ground. Meanwhile, Raven doesn't want to go fishing with her mother, Sarah, because she is frightened of the river. Sarah helps her daughter feel at ease in open water, one step at a time. In *Wapos Bay: Journey Through Fear* Raven and T-Bear discover how important honesty, patience and courage are, especially when you're scared.

## **3. They Dance at Night**

There's a strange odor in town, the sled dogs are howling and the northern lights have disappeared. What's going on in Wapos Bay?

In *Wapos Bay: They Dance at Night* Talon, Raven and T-Bear learn what can happen when they forget to respect tradition. Raven can't resist whistling at the glimmering northern lights even though she's been warned not to. And T-Bear breaks with an age-old ritual by neglecting to offer tobacco toes before picking sweet grass for the elders. All three children discover that their careless behaviour may be the source of the community's recent small misfortunes. With help from their mushom and a wise elder, they take part in a traditional ceremony that puts things right.

## **4. Something to Remember**

The pressure is on as T-bear is handed the task of commemorating Wapos Bay's military veterans, and Raven is struggling to express her thanks to a departing teacher. To prepare for a Remembrance Day tribute that will be broadcast to everyone in Wapos Bay, T-Bear visits the community elders. He is amazed to learn that his mushom (grandfather) is also a veteran of the way. Meanwhile, Raven tries to convince her favourite teacher to stay in Wapos Bay by doing special things for her. But Ms. Chalmers doesn't initially comprehend her gestures of gratitude. In *Wapos Bay: Something to Remember*, Raven learns the true meaning of the word "appreciate," and T-Bear learns why it's important to remember the past.

## **5. A Time to Learn**

Missing sled dogs and a pile of homework are just a few things Talon has to deal with before setting out for the trapline with his father, Alphonse. Talon can't wait to go away for a week but the exciting trip means lots of extra responsibility. He has to complete the school work he'll be missing before leaving. While Talon struggles with a creative writing assignment, T-Bear and mushom (grandfather) have trouble with the dog team. T-Bear incorrectly ties the dogs up and they escape. In *Wapos Bay: A Time to Learn* intense preparations and avoidable mistakes teach the children the importance of listening to elders and taking care with everything you do.

## **6. The Elements**

In *The Elements*, the survival skills of Talon, T-Bear, Raven and their mushom are tested by an unexpected storm. The children are helping their mushom (grandfather) set up a cultural camp so young people can learn traditional ways. Bad weather hits and the radio, generator and ATV break down. Mushom leaves the camp for help but has an accident along the way. Left alone, the children have several mishaps - including accidentally blowing up the ATRV - and abandon the camp. The family makes it home safely, but their journey to Elders Island teaches children that taking shortcuts at any age is best avoided.

## **7. All's Fair**

When two Northern strangers come to Wapos Bay, Talon and T-Bear learn the value of their own traditions. T-Bear and the new kid from Nunavut sweat it out to prove who Wapos Bay's best athlete is. Talon is in awe of the star hockey player, Jordin Tootoo, who visits the community. In *Wapos Bay: All's Fair*, T-Bear realizes his family has taught him how to navigate his way on the hockey ice and out on the land. He also learns that cooperating is more important than competing. Talon sees what a great role model his dad, Alphonse, is.

## **8. As the Bannock Browns**

T-Bear is struck by Cupid's arrow and Raven's mind plays tricks on her when the carnival rolls into Wapos Bay. When T-Bear falls under a carnival girl's spell, Jacob scrambles to make sure his son's heart doesn't get broken. Meanwhile Raven gets a serious case of chicken pox and is sent to an elder, Kohkum Mary, to get better. Being stuck in the house makes Raven's imagination run wild. In *Wapos Bay: As the Bannock Browns*, T-Bear learns that sometimes love is blind. And Raven realizes that you shouldn't believe in everything on TV.

## **9. Guardians**

The woods around Wapos Bay start to get dangerous after there's a Bigfoot sighting. Tempers flare after T-Bear videotapes a dark creature walking in the woods and Jacob goes public with the news. Things get really out of hand when Jacob tries to sell the footage to the highest bidder, Steve from Austin (Lee Majors), and Sasquatch hunters invade the bush where Raven's family picks berries. T-Bear and Talon save the day by figuring out a way to help their community. Jacob apologizes for getting carried away.

In *Wapos Bay: Guardians* T-Bear, Talon and Jacob remember that in Wapos Bay it's usually better to act together than alone.

## **10. All Access**

When cousin Betty arrives in a wheelchair, the community of Wapos Bay does its best to adapt. Afraid of his own strength, T-Bear avoids one of his favourite cousins, Betty, after he discovers she is very sick. Betty is hurt because she thinks he doesn't like her anymore. Meanwhile, a talent contest has everyone in Wapos Bay competing to be chief for a day.

In *Wapos Bay: All Access* T-Bear learns it's better to come out and tell the truth. Wapos Bay decides to make it easier for elders and people with disabilities to get around.

## **11. As Long as the River Flows**

Election fever is in the air when the All Chiefs Conference comes to Wapos Bay. T-Bear is thrust into the media spotlight when his dad, Jacob, pushes him to run for National Youth Council president. A few ideas Talon had to help the elders of Wapos Bay soon become the core issue of a heated election campaign. Talon gets angry because T-Bear isn't giving him any credit.

In *Wapos Bay: As Long as the River Flows*, Talon discovers it's important to have faith in his cousin. T-Bear learns it's best to speak up to avoid misunderstandings.

## **12. Tricks 'n' Treats**

This Halloween, there's a phantom haunting the woods around Wapos Bay. As T-Bear, Talon and Jacob work on their costumes, the community elders pull out all the stops to make trick-or-treating scarier than usual this year. But when a spirit from an ancient story appears, the whole town gets spooked.

In *Wapos Bay: Tricks 'n' Treats* both the children and elders of Wapos Bay have a fright on Halloween night.

## **13. The Hunt**

A day on the land turns into a major rescue operation after some animal tracks are misidentified. When the community decides to have a feast to celebrate Kohkum Mary's accomplishments. T-Bear, Talon, Mushom (grandfather), Alphonse, Jacob and Uncle Peter set off in search of a moose to feed everyone. The trip goes awry when a mother moose and her calf are wounded and have to be found. In *Wapos Bay: The Hunt* both Talon and T-Bear learn first-hand how important their Moshum's traditional knowledge is. They also discover that they each have very special hunting skills.

## **Water (Season 11 show 10) (DVD)**

Long ago the elders prophesied that our water supply was going to become undrinkable. Now, as we turn into the new century, that prophesy is being fulfilled. This episode of the *Sharing Circle* takes the traditional view that women are the protectors of the water and must play an intimate role in defending this precious resource.

***We are One With the Land (DVD) - Barb Cranmer***

***'Namegan's Om Dlu'wans Awinagwisex***

Namgis Valley, BC. This DVD highlights the journey of the land in the Summer of 2009.

***We Were Children (DVD) Residential Schools Length: 83 min.***

National Film Board

As young children, Lyna and Glen were taken from their homes and placed in church-run boarding schools.

**Very detailed, not suitable for younger grades.**

***Whale Rider (DVD) - Alliance Atlantis - 1hr. 41 min.***

A small Maori village forces a crisis when the heir to the leadership of the Ngati Konohi dies at birth and is survived only by his twin sister, Pai. Although disregarded by her grandfather and shunned by the village people, twelve-year-old Pai remains certain of her calling and trains herself in the ways and customs of her people. With remarkable grace, Pai finds the strength to challenge her family and embraces a thousand years of tradition in order to fulfill her destiny. (See book 813.54:IWI also classroom set of books.)

***When Veterans Dance (Season 11 show 11) (DVD)***

Aboriginal veterans have a long tradition of distinguished service to their country. That service is often forgotten. This documentary explores the heroism of a people and the failure of a nation to honour that.

Ontario and the first Aboriginal woman lawyer to graduate Law School in Canada

***Women's Fancy Dance Songs (Music CD) - Arbor Records***

Sixteen Fancy Dance songs by various drum groups.

***Woodchipp's World -an introduction to the Comox language (CD)***

A teacher's guide comes with a CD of the introduction to the Comox language.

***Yet Sun Heywa - A Virtual Journey into Northwest Coast Indigenous Art - (CD-ROM) - Canadian Heritage & Museums Association***

**"Yet sun heywa"** means "we are going somewhere" in the Coast Salish language. We've chosen this title to honour the people who have lived in the lower Vancouver Island region for thousands of years because this is where the project began. The phrase also describes our journey into the Pacific Northwest cultures of British Columbia. The Maltwood collection of silkscreen images that constitutes part of this CD-ROM is rich in contextual material and contains artist biographies and statements, historical photographs, as well as video clips and artist interviews. Master artists from all six major linguistic and cultural First Nations groups in British Columbia's coastal areas are included: the Tlingit, Haida, Tsimshian, Kwakiutl, Nuu-chah-nulth, and Salish peoples.

***Yuman's T'sakalamuxw (These are our stories)***

*Eke me-Xi Film Project 2014*

Students created films about land, language, culture and community