



From Time Immemorial

Written by Diane Silvey

Grade 4 Reference Text

**Aboriginal Nations
Education**

Greater Victoria School District

RESOURCE LIST TO SUPPORT

“From Time Immemorial”

Chapter I:

Living Together—Villages & Families

Additional ANED Curriculum Units for Teachers:

- Culture Areas of Westcoast Nations
- The Habitat of Westcoast Nations
- Coast Salish Salmon Weir
- What is Culture? Comparing Cultures
- Families are Important
- Clans, Crests, Names

Resources Available in ANED Resource Library:

- *The Kids' Book of Aboriginal Peoples in Canada*, by Diane Silvey (P.I.971.004)
- *Crests of the Haida*, by Pearl Pearson/Jenny White (P.I. 813.54)
- *I Am Sto:lo! Katerina Explores her Heritage* by Keith Carlson (P.I. 971)
- *Tsimshian Clans & Crests Resource Book*. F.N. Education Services: SD#52 [Prince Rupert]. (371.3)
- *DVD: A Transformation Story, Schalay'nung Sxwey'ga*. Butch Dick & Fabian Quocksister work with students, faculty and community to create a Thunderbird/Whale Protection Pole at UVic.

Chapter II:

Living in Balance with the Sea—Fishing

Additional ANED Curriculum Units for Teachers:

- First Nations in B.C.: Coastal Environment
 - First Nations in B.C.: Interior Environment
 - First Nations in B.C.: Comparing Interior & Coastal Environment
 - Salmon Legend
 - Salmon Cycle Mural
 - Food from the Sea Word Search Activity/Key
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Resources Available in ANED Resource Library:

- *Traditional Nuu chah nulth Whaling (Port Alberni S.D.)* (371.3)
- *People of Salmon and Cedar*, by Ron Hirschi (P.I.979.7)
- *The Saanich Year: A Calendar that Focuses on the Seasons, the Moons for Food Preparation, Gathering.* (P.I.394)
- *Salmon Boy: A Legend of the Sechelt People*, by Donna Joe (P.I.398.2)
- *A Salmon for Simon*, by Betty Waterton, Ann Blades (P.I.813.54)
- *Saltwater People*, by Dave Elliott Sr. (Food, Reef Net Fishery), S.D.63 Saanich (971.1)
- *Upper Sto:lo (Fraser Valley Fishing) Gr-4 Curriculum Supplement.* (371.3)
- *Fishing with Grandpa*, by Wendy Edwards (P.I.418) FICTION

Chapter III:

Living in Balance with the Land—Hunting, Gathering

Additional ANED Curriculum Units for Teachers:

- Work, Play Help Shape Culture (Traditional Salish Roles)
 - Coastal First Nations Foods in B.C.
 - Interior First Nations Foods in B.C.
 - Comparing First Nations Foods in B.C.
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Resources Available in ANED Resource Library:

- *First Nations Science & Ethnobotany Unit (K to 10)*, Vancouver Island (371.3)
- *Salish Sea: A Handbook for Educators*, by Holly Arntzyn, Gloria Snively (551.4)
- *The Living World: U'mista Cultural Society*, (P.I. 578)
- *Lessons from Mother Earth*, by Elaine McLeod, Colleen Wood (P.I. 813.6)
- *The Teaching of the Elders: Chemainus Nation Story 1: The Pa'tzus: Carving a Cradle Board*, (P.I. 394)
- *Bears and Berries (Haida)*, by Trisha Gessler (P.I. 813.54)
- *Upper Sto:lo. (Fraser Valley Plant Gathering) Gr-4 Curriculum Supplement* (371.3)
- *Upper Sto:lo. (Fraser Valley Hunting) Gr-4 Curric. Suppl.*(371.3)
- *Plants of the Snuw-naw-as, Sne-ney-muxw People. Nanaimo School Districts Teachers' Guide.* (581.6)
- *Traditional Nuu-chah-nulth Food Harvesting. Port Alberni School District.* (581.6)
- *Southwest Vancouver Island. Ethnobotany for High School (Becher Bay) by Pakki Chipps-Sawyer.* (581.6)
- *Video: Planet Earth: Caring for our Environment. (P.I.)*

Chapter IV:

At Home by the Forest—Shelter, Clothing

Additional ANED Curriculum Units for Teachers:

- Environment Helps Shape Culture (Legend: How Raven Lost His Beak), by Butch Dick
 - Coastal Housing: Comparing Interior & Coastal Cultures in B.C.
 - Interior Housing: Comparing Interior & Coastal Cultures in B.C.
 - B.C. First Nations Coastal Clothing
 - B.C. Interior Nations Clothing
 - Comparing B.C. First Nations Interior, Coastal Clothing
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Resources Available in ANED Resource Library:

- *The Cedar, by Guujaaw (Haida)* (P.I. 813.4)
- *The Teaching of the Elders: Chemainus Nation, Story 5: Hunting* (P.I. 394)
- *The Teaching of the Elders/Chemainus Nation, Story 2: Sweater Money*
- *Mayuk: The Grizzly Bear (Sechelt Legend), by Charlie Craigen* (P.I. 398.2)
- *Respecting the Cedar: Gr.4 Cross-Cultural Unit. FNE Series, Prince Rupert SD#52* (PI 591.52)
- *Yetsa's Sweater, by Sylvia Olsen (Coast Salish)* (813.6)
- *Southwest Vancouver Island. Ethnobotany for High School, by Pakki Chipps-Sawyer* (581.6)
- *The Weavers, by Queen Charlotte Readers: Jenny Nelson.* (P.I. 813.54)

Chapter V:

Travel in the Pacific Northwest—By Land, By Sea

Additional ANED Curriculum Units for Teachers:

- B.C. First Nations Coastal Transportation
- B.C. First Nations Interior Transportation
- Comparing B.C. First Nations Interior & Coastal Transportation

Resources Available in ANED Resource Library:

- *Canoe Journey Game, (Northwest Coast)*, Campbell River School District

Chapter VI:

Living with the Spirits—Ceremonies, Beliefs

Additional ANED Curriculum Units for Teachers:

First Nations in B.C.: Comparing Interior & Coastal Cultures

- Ceremonies from Pacific Northwest Coast First Nations Cultures (Nuxalk Bella Coola)
- Ceremonies from the B.C. Interior First Nations Cultures: Shuswap (Training for Power)
- Comparing First Nations Ceremonies from the Coast & Interior of B.C.
- An Origin Legend from the Interior First Nations Cultures: Coyote Wins Daylight
- An Origin Legend from the Pacific Northwest Coast First Nations Cultures: The Raven Steals the Light (Haida)
- Comparing First Nations Legends from the Coast & Interior of B.C.

First Nations Awareness: Putting It All Together

- Social Institutions/Rituals Help Shape Culture
- Purpose, Titles, Rights & Gifts of Potlatch

Resources Available in ANED Resource Library:

- *The Teaching of the Elders: Chemainus Nation Story 3: The Flood.* (P.I. 394)
- *Coyote as the Sun: Shuswap Legends* (P.I.398.2)
- *Kwulas ulwut, (Vols. I, II, III), More Stories from the Coast Salish,* by Ellen White, (P.I.398.2)
- *The Teaching of the Elders, (Chemainus Nation), Story 4: Si lu's Name,* (P.I.394)
- *Pah (Sliammon Nation), Retold by Hugh MacKenzie/Butch Dick, (Illustrated Naming Ceremony,* (P.I.398.2)
- *Mink & Granny,* by E Tesla Adams (Sliammon Nation), Butch Dick, Illustrator, (P.I.398.2)
- *Ch'aski: A Legend of the Sechelt People,* by Donna Joe (P.I.398.2)
- *How the Robin Got Its Red Breast: Sechelt Legend* (P.I.398.2)
- *Little Bear's Vision Quest,* by Diane Silvey, (P.I.813.54)
- *Cheryl's Potlatch,* by Sheila Thompson, Caribou Clan of the Carrier Nation (P.I.394)

Chapter VI: Continued

- *Lau, welnew, (Flood Story/Saanich Nation)* by Earl Claxton, John Elliott, (P.I.398.2)
- *The Sayings of Our First People: Nuw chah nulth Community Health Services,*
[Teachings, Customs, Practices and Beliefs] (971.1)
- *Potlatch, by Dawn Adams (Haida).* (P.I.813. Que.)
- *My Elders Tell me, by Marion [Roze] Wright* (P.I.394)

Chapter VII:

Expressing a Culture—Art, Drama, Music & Games Additional ANED Curriculum Units for Teachers:

- Art, Music, Dance, Drama, Communication
- Writing, Staging, Performing a Play
- Culminating Activities
- Many Uses of the Cedar Tree

Resources Available in ANED Resource Library:

- *The Little Mice & the Douglas Fir Cone*, (Play, Hand-puppets)
 - *C.Ds: Music: Mi'kmaq Chants (New Brunswick)*
 - Legends: Songs of a Living Tradition: Gilhast Singers
 - Rising from the Ashes: Kwakwa'Ka'wakw
 - ɬaxwe'Gila—Gaining Strength: Kwakwa'Ka'wakw
 - Salish Sea-Holly Arutzou & Saltwater Singers
 - Spirit Dreams—Lakota Flute
 - *Games:*
 - Memory Matching Game (Northwest Coast)
 - Canoe Journey Game (Northwest Coast)
 - Number Game Cards (Prairie)
 - Traditional Animal Domino Game (Prairie)
 - Memory Match
 - *DVDs:*
 - Pow-wow Dances & Explanation of Traditional Pow-wow Dances
- Raven Tales: [One to Six] COAST*
- How Raven Stole the Sun
 - Raven and the First People
 - The Sea Wolf
 - Bald Eagle

- Gone Fishing (Kolus)
- Love & War (Moowis)
- *RAVEN – Ceremonial Theatre [Drama, Science, P.E.] Nanaimo School District Curriculum Guide*, e (371.3)
- *Shannon: An Ojibway Dancer. Sancha King*, (P.I. 394.3) NON-FICTION
- *Upper Sto:lo (Chilliwack)*. A story about Cedar Bark. NON-FICTION

VIDEOS:

- Johnny Moses: American Indian Voices & Storytelling
Kla ah men Legends (Sliammon)
- Mink & Frog
- Mink & Greybird
- Mink & Grizzley
- Mink & Salal

BOOK TO CONSIDER:

Celebrating the Powwow, by Bobbie Kalman
[ISBN 0-86505-740-0 \$7.95]

Chapter VIII:

Living with Other Nations—Trade & Warfare

Additional ANED Curriculum Units for Teachers:

- Sharing the Land & Resources, Chapter 3, (B.C. First Nations Studies 12 Text)

Resources Available in ANED Resource Library:

- *You Are Asked to Witness: The Sto:lo in Canada's Pacific Coast History*, (971.1)
- *The Terror of the Coast (Land Alienation & Colonial War on Vancouver Island)*, by Chris Arnett, (971.1)
- *Saltwater People, Early Contact, Douglas Treaties*, by Dave Elliott Sr., Saanich Nation, (578)
- *Songhees Pictorial, A History of the Songhees People as seen by Outsiders, 1790-1912*, by Grant Keddie, (971.1)
- *The First Westcoast Nations in British Columbia: Curriculum Guide for Secondary Teachers. FNE Division, SD#61.* (371.3 FNED)

Chapter IX:

Contact with Strangers—Explorers & Traders

Additional ANED Curriculum Units for Teachers:

- The Prehistoric Victoria Landscape
- Overview of Early Contact Between First Nations & Europeans on the NW Coast
- Early Contact on the NW Coast
- Captain Cook in the Pacific Northwest
- The Victoria Small Pox Crisis of 1862
- Talking About Contemporary First Nations Cultures
- First Nations Contributions to Contemporary Canadian Culture

Resources Available in ANED Resource Library:

- *You Are Asked to Witness: The Sto:lo in Canada's Pacific Coast History*, by Keith Carlson (971.1)
- *Songhees Pictorial*, by Grant Keddy, (971.1). A LOCAL HISTORY OF THE SONGHEES & ESQUIMALT NATIONS.
- *Nu'tk'a: Captain Cook & the Spanish Explorers on the Coast*, by Sound Heritage, Volume VII, No. 1, pp. 54-63. *Oral Stories of Contact by Nu-chah-nulth People* (971.1). Edited by Barbara Efrat & W.J. Langlois.
- *Nu'tk'a, The History & Survival of Nootkan Culture*, Sound Heritage, Vol. VII, No. 2. (971.1) Edited by Barbara Efrat & W.J. Langlois
- *A Sto:lo - Coast Salish Historical Atlas*, by Keith Carlson, (971.1). [IN-LIBRARY REFERENCE BOOK ONLY: NOT TO BE LENT OUT].
- *The First Westcoast Nations in British Columbia: Curriculum Guide for Secondary Teachers*. FNE Division, SD#61. (371.3)

Chapter X:

Living with the Newcomers—A Way of Life Ends Additional ANED Curriculum Units for Teachers:

- Early Contact on the Pacific Northwest Coast: Phase Two
- Early Contact on the Pacific Northwest Coast: Phases Three & Four
- Effects of Early Contact upon Aboriginal Peoples in the Pacific Northwest
- The Founding of Fort Victoria
- A Brief History of Indian Residential Schools in B.C.
- Indian Reserves

Resources Available in ANED Resource Library:

- *I Am Sto:lo! Katherine Explores her Heritage (Grade Four Text)*, by Keith Carlson, (P.I. 971.1)
- *The Flower Beadwork People, (Métis)*, by Sherry Farell Racette, (P.I.971.00497)
- *Canada's People: The Métis*, by Phyllis Cardinal and Dale Ripley, (P.I. 971.00497)
- *Our Beginning, (Outlooks 4). Text* by Sharon Sterling, (P.I. 971)
- *Songhees Pictorial*, by Grant Keddy, (P.I. 971.1)
- *The Growth of the First Métis Nation: The role of Aboriginal Women in the Fur Trade. (Curriculum Guide for Secondary Teachers. FNED SD#61. (371.3)*
- *Secret of the Dance*, by Andrea Spalding & Alfred Scow. (P.I. 813.54)
- *Shi-shi-etko*, by Nicola Campbell (P.I. 813.6)
- *Mush-Hole - Memories of a Residential School, by Maddie Harper (371.97)*
- *No Time to Say Goodbye*, by Sylvia Olsen (813.6)
- *My Name is Seepeetza*, by Shirley Sterling (813.54)
- *As Long as the Rivers Flow*, by Larry Loyie (P.I. 971.23)

Chapter XI:

Losing Rights & Freedoms—Legislation & Discrimination

Additional ANED Curriculum Units for Teachers:

- Colonial Administration Under James Douglas
 - The Trutch Administration
 - An Historical Overview: Project North (B.C.)
 - Indian Act: *Did You Know?*
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