10 Things You Might Not Know About the Métis Sash

- The original **Métis Sash** was a finger woven belt made of wool and was approximately three metres long.
- The Métis Sash is composed of interconnected threads, many strands, many patterns, and many colours which represent the lives of Métis people that have also been woven together from a variety of cultures, traditions and beliefs.
- 3. The **Métis Sash** is traditionally worn by men around the waist and tied in the middle with the fringes hanging down.
- 4. The **Métis Sash** is traditionally worn by women over the shoulder.
- 5. The main colours of the **Métis Sash** are red, blue, black, white and green.
- 6. The red used in the **Métis Sash** represents the historical ties to First Nations ancestors.
- 7. The blue and white of the **Métis Sash** symbolize the Métis Nation flag. The green used in the Métis Sash signifies fertility, growth and prosperity.
- The Arrowhead design was chosen as the official **Métis Sash** of the Métis National Council.
- 9. The black of the **Métis Sash** symbolizes the black period when Métis people had to endure dispossession and repression.
- The Métis Sash is often draped over the table where Métis people are gathered for discussion.



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